



Add Note

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New ingredient - Ingredient Nutrition Details

NAME

New ingredient

PRICE PER 100G

0

NUTRIENT	AMOUNT	UNIT
Heat Sensitivity	☐	
UNSAFE	☐	
Possibly Unsafe	☐	
Cook Well	☐	
Total		g
Water		g
Energy		kcal
crude Protein		g

NUTRIENT	AMOUNT	UNIT
Total lipid (fat)		g
Carbohydrate, by difference		g
Fiber, total dietary		g
Calcium, Ca		mg
Iron, Fe		mg
Magnesium, Mg		mg
Phosphorus, P		mg
Potassium, K		mg
Sodium, Na		mg
Zinc, Zn		mg
Copper, Cu		mg
Manganese, Mn		mg
Selenium, Se		µg

NUTRIENT	AMOUNT	UNIT
Chloride, Cl		mg
Iodine, I		µg
Vitamin C, total ascorbic acid		mg
Thiamin		mg
Riboflavin		mg
Niacin		mg
Pantothenic acid		mg
Vitamin B-6		mg
Folate, total		µg
Choline, total		mg
Betaine		mg
Vitamin B-12		µg
vitamin A		µg

NUTRIENT	AMOUNT	UNIT
Retinol		µg
Carotene, beta		µg
Carotene, alpha		µg
Cryptoxanthin, beta		µg
Lycopene		µg
Lutein + zeaxanthin		µg
Vitamin E (alpha-tocopherol)		mg
Vitamin D3 (cholecalciferol)		µg
Vitamin K (phylloquinone)		µg
Fatty acids, total saturated		g
Fatty acids, total monounsaturated		g
Fatty acids, total polyunsaturated		g
Fatty acids, total trans		g

NUTRIENT	AMOUNT	UNIT
Fatty acids, total trans-monoenoic		g
Cholesterol		mg
EPA + DHA undifferentiated		g
Tryptophan		g
Threonine		g
Isoleucine		g
Leucine		g
Lysine		g
Methionine		g
Cystine		g
Phenylalanine		g
Tyrosine		g
Valine		g

NUTRIENT	AMOUNT	UNIT
Arginine		g
Histidine		g
Alanine		g
Aspartic acid		g
Glutamic acid		g
Glycine		g
Proline		g
Serine		g
Hydroxyproline		g
Taurine		mg