

coldture

Pod Infrared Sauna

User Manual



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Dear users, Please read this direction carefully before use and keep it cautiously for the future. The installation of the sauna requires a minimum of 2 people. You should not try to install the sauna on your own as damage will easily occur.

INSTALLATION PROCEDURE

CAUTION:

1. No plumbing or plumbing fixtures should be placed in the sauna.
2. Keep all liquids away from the heating panels.
3. Install sauna on a completely level surface.
4. Install sauna in an area that is dry.
5. Flammable objects and Corrosive chemical substances should be kept far away from the sauna.

The following pictures are used for your reference. If your sauna has some differences from the pictures, please just follow the steps.

SCREW INSTRUCTIONS:



1 ST4*50

2 ST4*40

3 ST3.5*15

4 The small infrared light comes with special screws

INSTALLATION PROCEDURE

1. Open sauna packages in a large area. Place Floor Panel on the desired location.



2. Locate the right Wall on the Floor panel in the same way.



3. Locate Back Panel on the Floor panel vertically and tightly.



Two panels are connected through this structure.

INSTALLATION PROCEDURE

4. **Locate the left Wall on the Floor panel in the same way.**



5. **Fix the back panel with screws.**

ST4*50

This screw is 50mm in length



INSTALLATION PROCEDURE

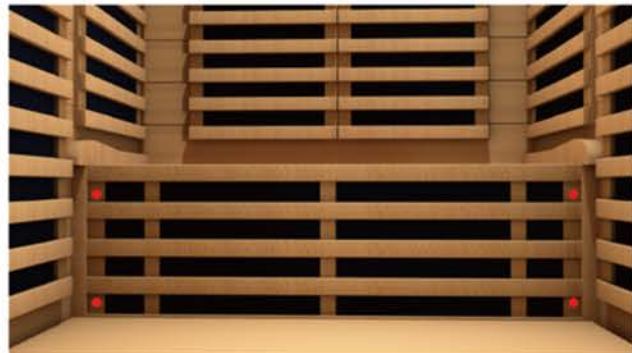
6. Install the seat vertical panel and connect the plug and socket of the vertical panel and rear panel.



7. Fix the seat upright with screws.

2

ST4*40
This screw is 40mm in length



INSTALLATION PROCEDURE

8. Install the seat panel and connect the light strip cable.



9. Fix the seat panel with screws.

ST4*40
This screw is 40mm in length



INSTALLATION PROCEDURE

10. Install the small red light panel and connect the wires. The small red light panel comes with special screws



11. Install the top panel.



INSTALLATION PROCEDURE

12. Install and screw down the front panel.

ST4*50

This screw is 50mm in length

1



13. Install the door handle. Please use the included special screws



INSTALLATION PROCEDURE

14. Install the large red light panel and connect the wires.



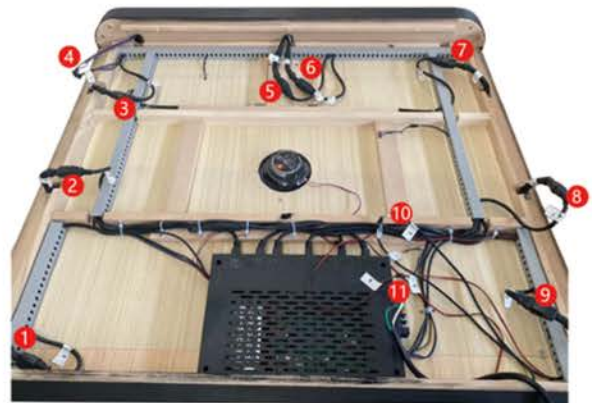
ST4*40

This screw is 40mm in length

2



15. Connect the top harness according to the corresponding wire number. There are 11 wiring harnesses that need to be connected in this sauna room. The line for attaching the "LIGHT" label does not need to be connected.



There are 11 wiring harnesses that need to be connected in this sauna room.



The line for attaching the "LIGHT" label does not need to be connected.

INSTALLATION PROCEDURE

16. Before installing the dust cover, please take appropriate measures according to the following situations.

- ❶ If there is no dust-proof support rod installed on your front panel, you need to install and fix the dust-proof support rod. As shown in the following figure:



- ❷ If a dust support rod has been installed on your front panel, but only one screw is fixed, you need to fix the other two screws. As shown in the following figure:



- ❸ If dust support rods have already been installed on your front panel and three screws have been secured, please skip this step.

17. Install the dust cover and thread the power cord out.



INSTALLATION PROCEDURE

18. Install the curved plates on both sides.

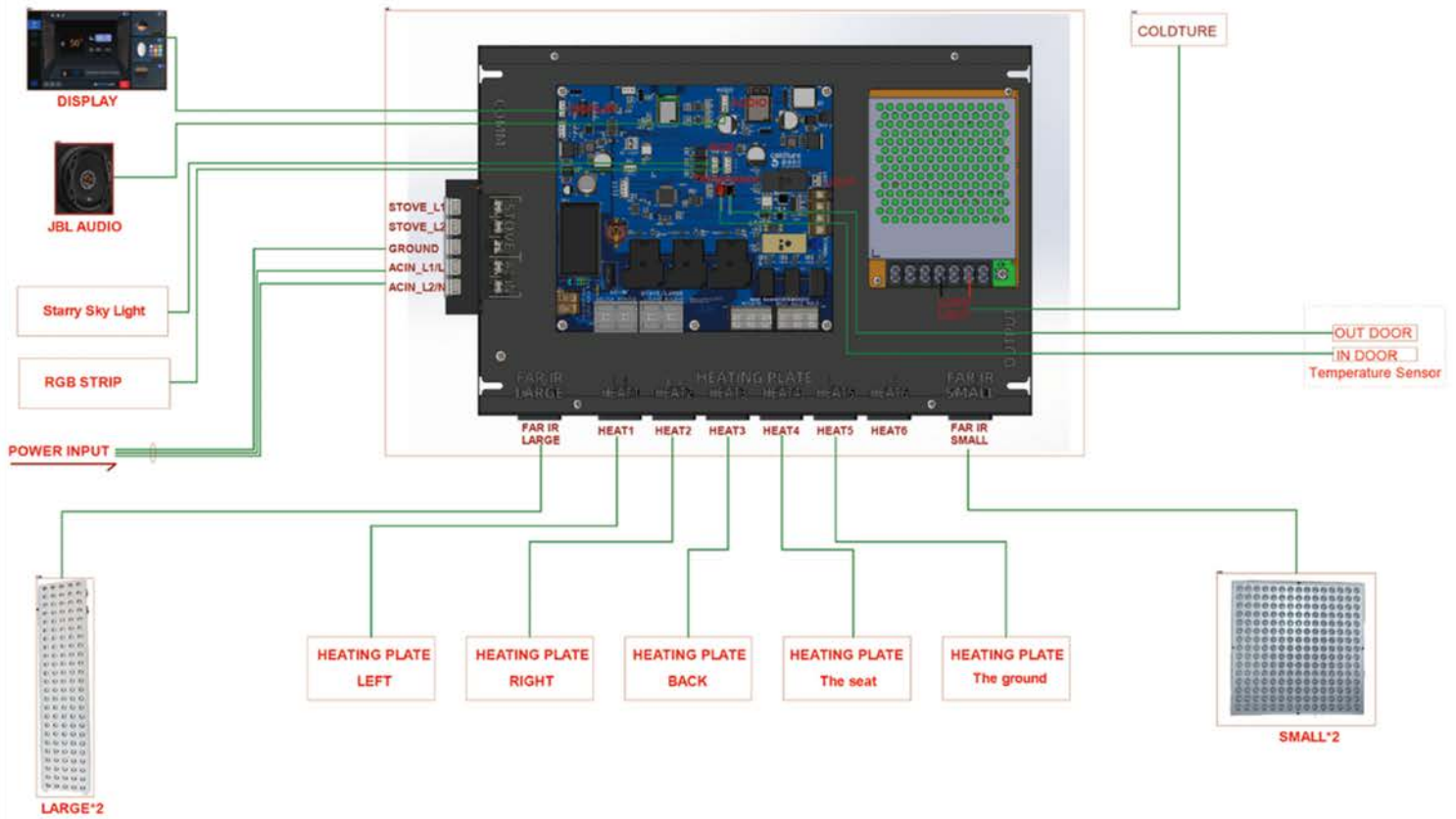


19. Fix the curved plate with screws.

ST4*50
This screw is 50mm in length



LINE DIAGRAM



INTRODUCTION TO TOUCH SCREENS



1. **Current sauna temperature display:** displays the current temperature value in the sauna room, and click to display the sauna room warming curve.
2. **Outdoor temperature display:** displays the current outdoor temperature value.
3. **Setting temperature:** display the current set temperature value, click to set the sauna heating temperature.
4. **Sauna heating time:** display the remaining heating time of the sauna room. Click to set the sauna heating time.
5. 5 to 7. **Music play button** only in the Bluetooth audio connection state can control play/pause and switch the previous next song.
8. **Adjust music player volume.**
9. **Switch button:** click to close the controller screen.
10. **Heating switch:** click to turn on/off the heating plate heating function. (Mutually exclusive mode: if the red light panel is turned on, you need to turn off the red light panel first.)
11. **Color light switch:** Click to turn on/off the color light.
12. **Color light brightness adjustment:** Slide to adjust the brightness of the colored lights.
13. **Large red light panel switch:** click to turn on/off (under mutual exclusion mode, to turn on the large red light panel, you need to ensure that the heating switch is off).
14. **Large red light panel set on time:** show the remaining time of the large red light panel, click to set the turn on time.
15. **Small red light panel switch:** click to turn on/off.
16. **Small red light panel set on time:** display small red light panel remaining on time, click can be set to turn on time.

INTRODUCTION TO TOUCH SCREENS



On-screen controls: OPEN, Sat., Search, SAVE; temperature shown 65°C

1. Make an appointment to "turn on" or "turn off" the heating plate.
2. What day of the week is reserved for opening or closing.
3. Check the weekly appointment schedule.
4. Set time.
5. Set temperature.
6. Save settings content.
7. Set the time for turning on or off the large red light panel.
8. Set the time for turning on or off the small red light panel.



On-screen controls: LCD BRIGHTNESS, HEATING LEVEL (High), SAVE, PROOF TIME (2025-03-15 23:59:55), TIME CAUB, date shown 2025-4-13 09:51:20 Saturday

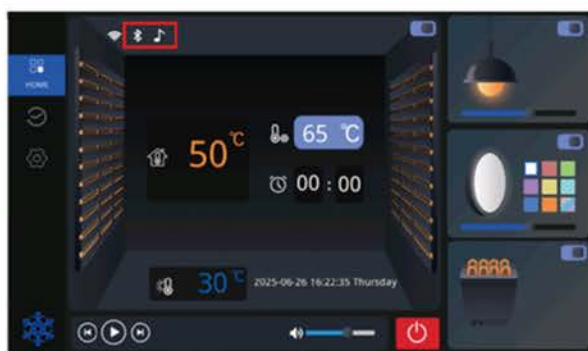
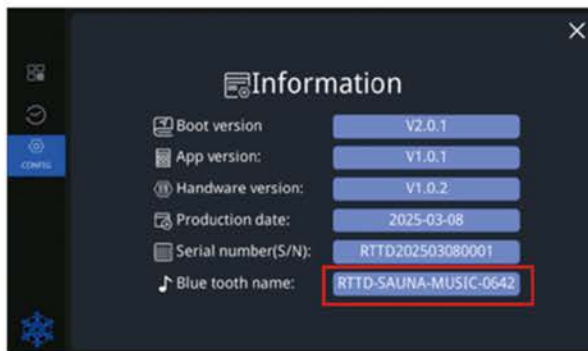
1. Turn on/off Bluetooth.
2. Switch between °C and °F.
3. Turn on/off sound.
4. Reset WiFi.
5. Restore factory settings.
6. Adjust LCD brightness.
7. Adjust heating level.
8. Adjust proof time.

The sauna is protected by an access code. The default code is 2222. To change or turn off the code, press the settings button on the left, then either uncheck the checkbox to disable the code, or change the password to set a new code.

INTRODUCTION TO TOUCH SCREENS

BLUETOOTH CONNECTION

Click on the coldtuture logo, switch to the Information page, view the Bluetooth name, use the mobile Bluetooth search function, scan the Bluetooth device and find a device with the same Bluetooth name as the Information page to connect. After successful connection, open the mobile music playback software or other audio content, and you can play the desired sound on the JBL speaker in the sauna room. After successful connection, the screen will display Bluetooth and music icons, as shown below.



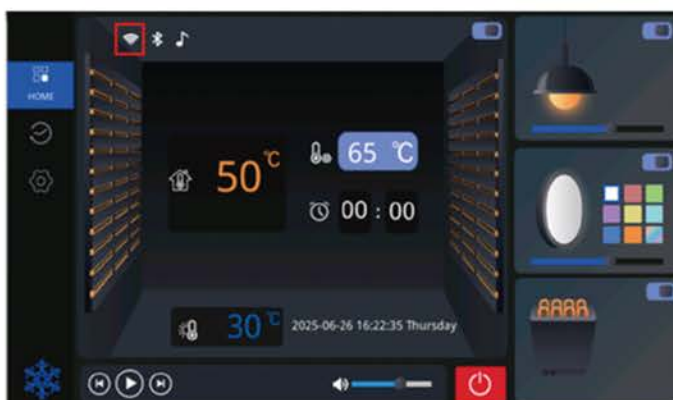
WIFI CONNECTION

Use the coldtuture app to add devices, search for available sauna devices in the area, and if the addition is successful, the screen will display the wifi icon, as shown below.



WIFI NOTICE: Please connect to a **2.4G WiFi network**. This device does not support 5G WiFi.

If the app cannot find the device, please click the  button on the sauna touch screen.



HOW TO USE INSTRUCTIONS

CAUTION:

1. Check all the circuitry and the plug connections carefully.
2. Install a voltage regulator if the power is unsuitable.
3. Do not share the outlet with other electrical appliances to avoid danger.
4. Do not use the sauna room if under the influence of alcohol, drugs or medications.
5. Pregnant women or persons with poor health should consult their physicians before use.
6. Minors should be supervised in order to prevent injury.
7. Allow up to 30 minutes heat up time.
8. Do not use the room for drying clothes, bathing suits, etc.
9. Do not put animals in the room.
10. After 2 hours of continuous use, shut the sauna down for one hour.
11. Please take care of the eye mask during the use of the red light panel to prevent injuries.

SAUNA PRODUCT SPECIFICATION

1. Models: The Pod Sauna (SAUNA-2P)
2. Temperature: $\leq 65^{\circ}\text{C}$
3. Power: AC 120V/20A
4. Product Size: 120x110x190cm
5. Heating plate power: 1990W (+5%-10%)
6. Material: Main(Canadian Hemlock), Seat(Red Cedar)

MAINTENANCE

1. The sauna room should be kept clean and odor free.
2. Damp towels should always be used on benches otherwise perspiration penetrates the soft wood.
3. Air out the room often by keeping the door and vents open when the room is not in use.
4. Saunas that are in daily use should be washed down at least once a week to keep them clean and the air fresh.
5. Inspect benches regularly for required maintenance.
6. To clean and remove perspiration stains, use soap or detergent in warm water, best applied with a scrub brush.
7. Badly soiled surfaces may require sanding Sand paper wrapped around a wooden block works well.

TROUBLESHOOTING VIDEOS



DISCLAIMER

Our Saunas and its associates do not provide medical guidance. Consult a doctor for medical advice. All of the information contained in this manual is for information purposes only. We reserve the right to change, without notice, anything contained within the manual.



**welcome to the
coldture wellness club**