



**ERIN B37S**

User's Manual

Thank you for purchasing the Ekrin B37S Percussion Massager. Please read the User Manual carefully before use and keep it in a convenient place for future reference.

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## Important Safeguards

### ⚠ Statement

To reduce the risk of malfunction, electric shock , injury, fire, death, and equipment damage, please read all instructions and warnings on the product in this manual before use.

### \*Prohibited

1. It is forbidden for minors to use. It is forbidden for the injured to use. Please consult your doctor before using this device.
2. It is forbidden to use on non-dry, uncovered skin surface. It can be gently pressed and moved on the skin across the clothes for about 60 seconds.
3. Do not use above the neck or on any hard, boned and sensitive part of the body. Use the product only on the soft tissues of the body without causing pain or discomfort.
4. Do not massage areas that are bruised or on open wounds, stop use if you have any signs of abnormal pain or discomfort.
5. Do not place any objects on the vents of the product.
6. Do not immerse in water or allow water to enter the vents of the product.
7. Do not drop or put the product close to fire source.
8. Do not improperly use the product.
9. Do not use a non-DC 26 volt charger to charge this product.
10. Do not disassemble the screws or attempt to disassemble the equipment or modify the fascia gun in any way.
11. Do not allow your fingers, hair, or other parts of body to get close to the shaft and back of the vibrating head as they may get caught.



Do not touch this area when the device is running without massage head installed.



Do not touch this area when the device is running.

## \*Warnings and Reminders

1. Keep away from liquids or heat sources. Keep the vents free of dust and debris.
2. After charging is completed, remove the charger from the battery.
3. Please mind that the device can not be used when charging.
4. Please use the device according to the instructions.
5. Carefully inspect the equipment before each use.
6. Continuously causing the B37S to stall due to excessive pressure will damage internal components.
7. Avoid dropping or collision.
8. Avoid water or excessive moisture.

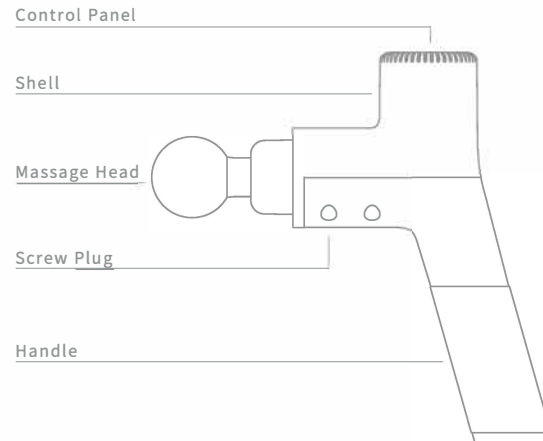
## \*Important

If in any of the following situations, please DO NOT use the fascial massage gun without your doctor's consent.

Pregnancy, complications of diabetes (such as neuropathy or retinal damage), wearing a pacemaker, recent surgery, epilepsy or migraine, disc herniation, advancement of the spine, vertebral detachment, or rigid joints of the spine, recent joints, Replacement surgery or IUD, metal needle and steel plate, or any other problems related to your health. These contraindications do not mean that you are not able to use vibration equipment or training equipment, we recommend that you consult a doctor before use.

The ongoing research is about the impact of vibration training on specific medical conditions. This is likely to reduce the types of contraindications mentioned above. Practical experience has shown that in many cases, the integration of vibration training into a treatment regimen is also a therapeutic recommendation. This must be done with the advice of a doctor, expert or physical therapist.

## Product Description



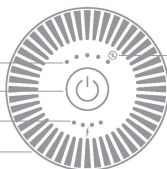
1. High-speed and brush-less balance motor with dynamic balance mute technology.
2. Various massage heads aim at different areas of body, which also reduce damage to bones.
3. Rechargeable lithium-ion battery (4+ Hours per Charge).
4. 105 Degrees Tilted Handle with silicone glove, easy-to-use and saving more strength.
5. Wireless, lightweight and portable (1kg).
6. Intelligent pressure sensor light, the stronger the pressure, the brighter the lights.
7. Intelligent frequency conversion mode on the fifth level, with 10 seconds high/low speed cyclical automatic frequency conversion.
8. User-friendly and sweatproof design.
9. Battery- body integrated design, which keep handle without risks of looseness.

Speed - Level Indicator Light

Button (ON/OFF, Speed Level)

Battery - Level Indicator Intelligent

Pressure Sensor Light

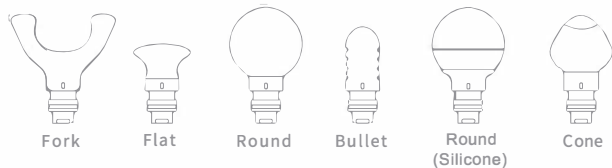


Frequency conversion mode

On the fifth level, the 10 seconds high/low speed cyclical automatic frequency conversion mode will be started.

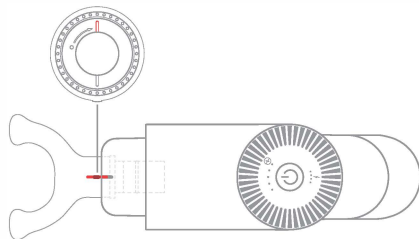
1. Speed-Level Indicator Light: From Left to Right (1-5 level)
2. Battery-Level Indicator:
  - 4 Lights (100% full of power)
  - 3 Lights (65%-80% of power)
  - 2 Lights (40%-60% of power)
  - 1 Light (Less power, please charge asap)
3. Intelligent pressure sensor light : As the resistance increases/decreases, the stronger the resistance, the fuller the lamp.
4. Button: Long press for 3 seconds to Start /Stop the device, short press to adjust the speed level from level 1 to level 5.

## 6 Interchangeable Head Attachments



### How to install:

Install the massage head, rotate it clockwise (about 90°), until the vertical line is lined as the figure shown, indicating the massage head is in place.



## Product Parameters

Product Name: Ekrin Athletics Percussive Massager
Model: B37S
Charging Time: 4 hours
Weight: 1KG
Size: 188*62*242mm
Interface Type: DC, 26V ... 1A
Rate Voltage: 100-240V~50/60Hz
Lithium-Ion Battery Capacity: 2550mAh
Use Environment: -10~40°C, Not Waterproof
Speed Level: 5 Level Adjustable
Power Supplier: Rechargeable Lithium Battery
Applicable Age: For Adult Use Only, NOT FOR Pregnant Woman
Executive Standard: GB4706.1-2005 GB4706.10-2008

## Charging

1. Fully charge the battery for six hours.
2. Use the supplied adapter to charge.
3. When the battery indicator light on the product flashes regularly, it means it is charging.
4. Please don't start the device when charging. Device won't operate when charging.
5. When the first light is on, the remaining power is 20%-35%; when the second light is on, the remaining power is 40%-60%; when the third light is on, the remaining power is 65%-80%; when the fourth light is on, the battery is fully charged. (Device can run for about 4 hours, the running time is based on different speed level and pressure)
6. When the first power indicator flashes (power less than 5%), please timely charge.

## Operating Instruction

1. Press and hold the ON/OFF Switch to turn the device on to level 1 speed. Each press of the button will increase one level until to the level 5 speed. Press the button at level 5 speed to enter into the standby mode (level 0). Press again to turn the device to level 1, and so on.
2. Under any speed level, press and hold can close the device with breathing light flashing.
3. In the standby state, press and hold for 3 seconds to directly shut down device. 15 seconds of no operation will automatically shut down device.
4. The device will stop running after 10 minutes of continuous use for intelligent protection. Restart if you use it again after the device shut down.
5. Massage gun stop running after external force, which is type of abnormal operation protection setting, from running to standby mode. Shortly press the button to restart.

## Maintenance, Cleaning, Storage & Transportation

1. Use a slightly damp towel to clean device and dry with a soft cloth.
2. For storage or travel, store the device in supplied portable bag.
3. Store in a dry, well-ventilated place with no corrosive gas, height no less than 250mm from the ground, and no more than 5 stacked layers.
4. If not used for a long time, the device should be cleaned, packaged and stored. It should be charged every month.
5. This product is suitable for automobile, train, ship and airplane transportation.
6. This product should be fixed in place during transportation to prevent violent vibration, collision, tumbling and falling, and should be put upward and down gently and avoid wet or damp areas.

## Environmental Protection

At the end of the service life of this product, please do not throw it away with general household waste. Put this product in the designated recycling station of the government. Please also send this product back to the after-sales service center of the factory if possible. The personnel of the service center will handle it with environmentally friendly way.

### name and content of the harmful substance in the product

Component	Toxic and harmful substances or elements					
	(Pb)	(Hg)	(Cd)	(Cr(VI))	(PBB)	(PBDE)
Shell	O	O	O	O	O	O
Circuit Board Component	X	O	O	O	O	O
Metal Parts	O	O	O	O	O	O
Rubber Parts	O	O	O	O	O	O
Adapter	X	O	O	O	O	O
Connecting Line	O	O	O	O	O	O
Handle Cover	O	O	O	O	O	O

This table is prepared in accordance with the provisions SJ/T 11364.

※: Circuit board component including components of printed circuit board machine, such as resistors, capacitors, integrated circuits, connectors, etc.

O: Indicate the hazardous substances in all homogeneous materials' for the part is below the limit of the GB/T 26572.

X: Indicate the hazardous substances in at least one homogeneous materials' of the part is exceeded the limit of the GB/T 26572.


### Environmental Protection Period Description

For this electronic and electrical appliance being used under the conditions of this manual, the period of time that the harmful substances or elements contained therein are not leaked, and the period of time that does not cause pollution to the environment or cause serious damage to people and property is 10 years.




Usage






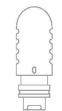
**Fork**  
For lumbar vertebrae and large muscle groups




**Flat**  
For various parts of the body




**Round**  
For large muscle groups



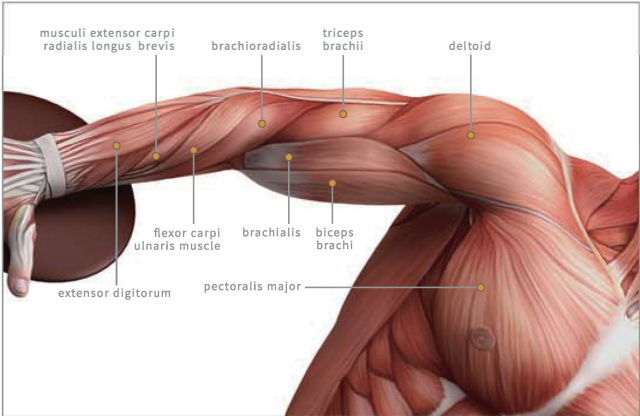
**Bullet**  
For deep muscle groups



**Round Silicone**  
For sensitive areas

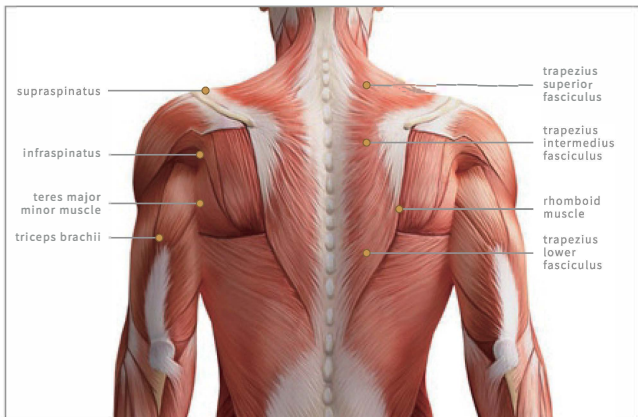


**Cone**  
For large muscle groups, various parts such as arm, back, waist and leg



Arm

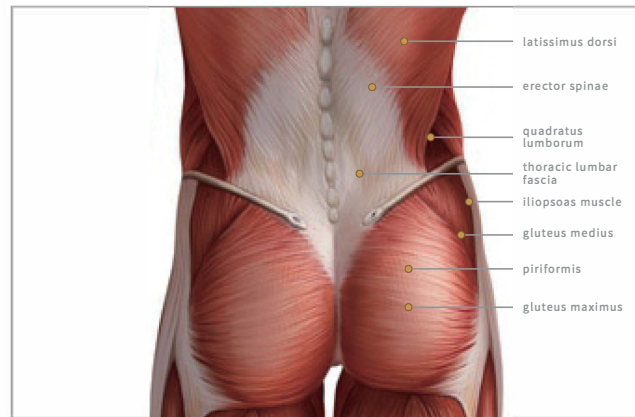
brachioradialis	10-15s	x3 times
flexor carpi radialis	10-15s	x3 times
palmaris longus muscle	12-15s	x3 times
flexor carpi ulnaris muscle	10-15s	x3 times
extensor digitorum	05-10s	x2 times
musculi extensor carpi radialis longus	05-10s	x2 times
musculi extensor carpi radialis brevis	05-10s	x2 times
biceps brachii	12-20s	x3 times
brachialis	12-20s	x3 times
deltoid	12-20s	x3 times
pectoralis major	12-20s	x3 times



## Shoulder

triceps brachii .....	15-20s	x3 times
rhomboid muscle.....	20-30s	x3 times
trapezius superior fasciculus.....	15-20s	x3 times
trapezius intermedius fasciculus.....	15-20s	x3 times
trapezius lower fasciculus.....	15-20s	x2 times
supraspinatus.....	10-15s	x2 times
levator scapulae muscle.....	10-12s	x2 times
teres major muscle .....	10-12s	x3 times
teres minor muscle.....	10-12s	x3 times
infraspinatus.....	10-12s	x3 times

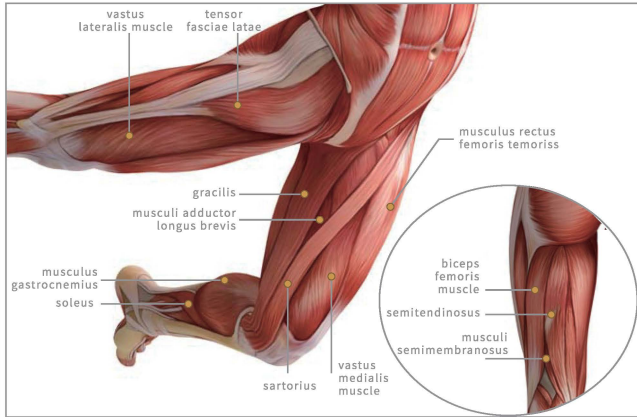
Tips: Massage the muscles from middle to sides, from top to bottom.



## Waist

erector spinae (lumbar segments) .....	30-60s	x3 times
latissimus dorsi.....	30-60s	x3 times
thoracic lumbar fascia .....	40-60s	x3 times
psoas major .....	30-60s	x3 times
internal and external oblique muscle.....	10-15s	x2 times
erector spinae (thoracic segments) .....	15-20s	x2 times
quadratus lumborum.....	20-30s	x2 times
iliopsoas muscle.....	20-30s	x2 times
gluteus maximus.....	30-60s	x3 times
gluteus medius.....	30-60s	x3 times
piriformis.....	60-90s	x3 times

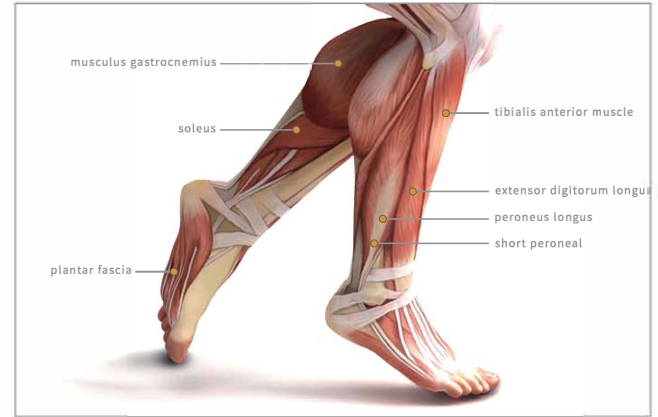
Tips: Massage the muscles from middle to sides, from top to bottom.  
Can follow the muscle direction on large muscle groups.



## Leg

biceps femoris muscle	20-30s	x3 times
semitendinosus	20-30s	x3 times
musculi semimembranosus	20-30s	x3 times
gracilis	10-15s	x3 times
musculi adductor brevis	10-15s	x2 times
musculi adductor longus	10-15s	x2 times
musculus rectus femoris	30-45s	x2 times
vastus lateralis muscle	30-45s	x2 times
vastus medialis muscle	30-45s	x3 times
sartorius	30-45s	x3 times
sartorius	15-20s	x3 times

Tips: Massage the muscles from top to bottom.



## Foot

musculus gastrocnemius	20-30s	x3 times
soleus	20-30s	x3 times
tibialis anterior muscle	15-20s	x3 times
peroneus longus	15-20s	x3 times
short peroneal	15-20s	x2 times
plantar fascia	20-30s	x2 times

Tips: Massage the muscles from top to bottom.



## Certification

Thank you for purchasing the  
Ekrin B37S!!

Product name: Percussive Massager

Model: B37S

After our 107 point examination and quality  
control inspection, this B37S is confirmed to  
meet all QA standards and testing.

Inspector:                      Inspection result:

## Service guarantee card

### Warranty

Dear user :

Thank you for purchasing the Ekrin B37S Percussion Massager. This product is manufactured with high quality components. Please use and maintain your B37S according to the instructions in order to maintain performance. If there is any quality problem during the lifetime of your B37S, please contact us at [info@ekrinathletics.com](mailto:info@ekrinathletics.com). In order to best serve you, please register your warranty at [www.ekrinathletics.com/warranty](http://www.ekrinathletics.com/warranty).

1. The warranty period includes the lifetime of your B37S. During the warranty period, free replacement will be provided for defects in materials or workmanship, or quality problems of the product.
2. The lifetime warranty does not cover any of the following:
  - No registration of warranty or proof of purchase.
  - Faults and defects not caused by materials or workmanship from Ekrin Athletics.
  - All self-made damage (such as consumers disassembling, refit, damage caused by transportation or other accidents, etc.).
  - Damage caused by force (such as natural disaster and abnormal voltage) caused by maintenance or transformation not provided by our company.



### User info

Name: \_\_\_\_\_ Purchasing date: \_\_\_\_\_

E-mail: \_\_\_\_\_ Contact number: \_\_\_\_\_

Address: \_\_\_\_\_

### Product information

Product model: \_\_\_\_\_ Identification of product: \_\_\_\_\_

Fault cause: \_\_\_\_\_

### Dealer information

Dealer name: \_\_\_\_\_ Contact number: \_\_\_\_\_

Invoice No: \_\_\_\_\_ Sales date: \_\_\_\_\_

Address: \_\_\_\_\_



## Massage Gun Operational Troubleshooting

Fault Description	Fault Exclude
1. Massage head slides out and drops	Please check that the massage head is installed in place (See instruction for detailed operation on 5th page)
2. Device unable to start	Please check if the battery power is adequate or not(Please charge over 8 hours if the device is not used for a long time)
3. Device unable to charge	Please check whether the charging port and power supply are plugged in
4. Device suddenly stop after running for 10 minutes	This is a long time running protection setting, from running to standby mode. It is normal situation and device can restart by short pressing the button. (See instruction for detailed operation on 7th page)
5. The massage head stop running after external force	This is kind of abnormal operation protection setting, from running to standby mode. It is normal situation and just short press the button to restart.(See instruction for detailed operation on 7th page)
Reasonable use of the product can effectively extend its lifespan. Suggestion: 1. Do not throw or drop when using. 2. The maximum continuous using time is not more than 30 minutes. 3. Please charge the product once a month if it hasnot been used for a long time.	