



ERIN 365
Percussive Massager
User's Manual

Thank you for purchasing the Ekirin 365 Percussion Massager.
Please read the User Manual carefully before use and keep it
in a convenient place for future reference.

Vibration Massage Device Uses:
Apply to health physical massage before and after sport.

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Important Safeguards

Statement

To reduce the risk of malfunction, electric shock, injury, fire, death, and equipment damage, please read all instructions and warnings on this product in this manual before using this product.

*Prohibited

1. It is forbidden for minors to use. If injured, it is forbidden to use this equipment and please consult your doctor before using this device.
2. It is forbidden to use on non-dry, clean skin surface. It can be used across the clothes and gently pressed and moved on the skin for about 60 seconds.
3. Do not use above the neck or any hard or boned part of the body, or sensitive areas. Use the product only on the soft tissues of the body without causing pain or discomfort.
4. Do not massage areas that are bruised or on open wounds, stop use if you have any signs of abnormal pain or discomfort.
5. Do not place any objects on the vents of the product.
6. Do not immerse in water or allow water to enter the vents of the product.
7. Do not drop or close the product to fire source.
8. Do not drop or improperly use the product.
9. Do not use a non-DC 26 volt charger to charge this product.
10. Do not disassemble the screws or attempt to disassemble the equipment and modify the fascia gun in any way.
11. Do not allow your fingers, hair, or other parts of your body to get close to the shaft and back of the vibrating head as they may get caught.



Do not touch this area when the device is running without massage head installed.



Do not touch this area when the device is running.

*Warnings and Reminders

1. Keep away from liquids or heat sources. Keep the vents free of dust and debris.
2. After charging is complete, remove the charger from the battery.
3. Please mind that the device can not be used when charging.
4. Please use the device according to the instructions for use.
5. Carefully inspect the equipment before each use.
6. In order to ensure that the product can be used continuously, please charge the product in time to ensure that the product is always powered, and prevent the product from being unable to turn on due to lack of power.

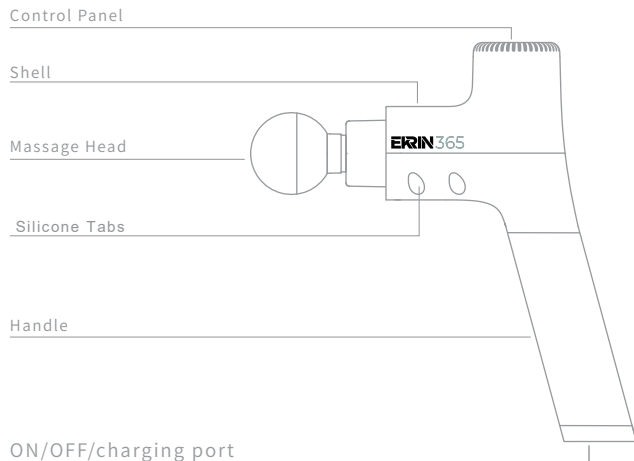
*Important

If you want to use it in any of the following situations, you should not use a fascial massage gun without your doctor's consent.

Pregnancy, complications of diabetes (such as neuropathy or retinal damage), wearing a pacemaker, recent surgery, epilepsy or migraine, disc herniation, advancement of the spine, vertebral detachment, or rigid joints of the spine, recent joints Replacement surgery or IUD, metal needle or steel plate any problems related to your health. These contraindications do not mean that you are not able to use vibration equipment or training equipment, we recommend that you consult a doctor before use.

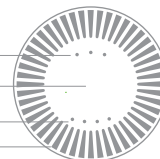
The ongoing research is about the impact of vibration training on specific medical conditions. This is likely to reduce the types of contraindications mentioned above. Practical experience has shown that in many cases, the integration of vibration training into a treatment regimen is also a therapeutic recommendation. This must be done with or with the advice of a doctor, expert or physical therapist.

Product Description

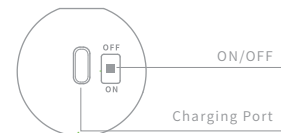


1. High-speed and brush-less balance motor with dynamic balance mute technology.
2. Various massage heads aim at different areas of body, which also reduce damage to bones.
3. It takes 4-12 hours to full charge the Li-ion battery (base on the current of the charging line).
4. Small and exquisite handle, more comfortable grip feeling (43mm).
5. Wireless, lightweight and portable (0.75kg).
6. Three-speed settings.
7. User-friendly design of sweatproof.
8. Battery and body integrated design.

Speed - Level Indicator Light
 Touch Screen
 Battery - Level Indicator
 Intelligent Pressure Sensor Light

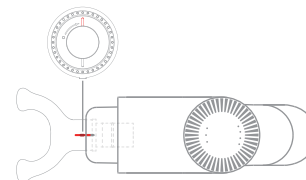


1. Speed- Level Indicator Light: From Left to Right (1-3 level)
2. Battery -Level Indicator: 4 Lights (100% full of power); 3 Lights (65%-80% of power); 2 Lights (40%-60% of power); 1 Light (Less power, please charge asap).
3. Touch Screen: Tap gently to change speeds. How to: tap in the same manner you would when tapping the screen of a smart phone.
4. Intelligent pressure sensor light: the light changes with different force. Low force displays a half circle and increases to a full circle once max force is applied.
5. Switch: Use ON/OFF switch: the intelligent pressure sensor lights up when the device is switched on and enters standby mode. Turn off the bottom switch when you are not using the device.
6. Charging port: use the issued USB connection for charging.



How to install:

Install the massage head, rotate it clockwise (about 90°), until the vertical line is lined as the figure shown, indicating the massage head is in place.



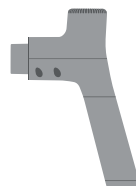
Product Parameters

Product Name: Ekrin 365 Percussive Massager
Model: 365
Charging Time: 4-12 Hours (According to the charger current)
Weight: 0.75KG
Size: 179*58*246mm
Interface Type: DC, 5V \pm 2A
Rate Voltage: 5V
Lithium-Ion Battery Capacity: 1600mAh
Use Environment: 0~40°C
Speed Level: 3 Level Adjustable
Power Supplier: Rechargeable Lithium Battery
Applicable Age: For Adult Use Only, Pregnant Woman Should Avoid Use

Charging

1. Fully Charge the battery for six hours before first use.
2. When charging, connect the Type-C port of provided charging line to the battery charging port and connect the USB port to the charger.
3. The Battery - Level Indicator is flashing regularly when the device is charging.
4. When the first light is on, the remaining power is 20%-35%; when the second light is on, the remaining power is 40%-60%; when the third light is on, the remaining power is 65%-80%; when the fourth light is on, the remaining power is 85%-100%.
5. The battery can be charged in the situation of any time and any quantity of electricity, the device can be started when charging.
6. The battery is exhausted to less than 20% (the first left Battery - Level Indicator LED flashes) and needs to be recharged.
7. The average running time is about 2-4 hours depending on the speed level and pressure during use.

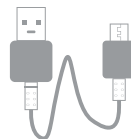
Accessories listing



Device



Carrying Case



Charging line



User's Manual



Fork



Round



Flat



Cone

Operating Instruction

1. Turn the ON/OFF Switch to ON then tap the control panel to turn the device to level 1. Each tap of the control panel will increase one level until the level 3 speed. Touch the button at level 3 to enter the standby model (level 0). Tap again to turn the device to level 1, and so on.
2. In standby mode, the speed light is off, the power light is always on, and the Flashing light is off after 15 seconds without any operation. The power indicator light will automatically shut down after 5 minutes of continuous display (To restart, turn off the toggle switch then turn on).
3. The device will stop running after 10 minutes of continuous use for intelligent protection. Restart again if you use it again after the device shut down.
4. The massage head stop running after external force, this is a abnormal operation protection function setting, from running to standby mode, short press the button to restart, it's normal situation.

Maintenance, Cleaning, Storage & Transportation

1. Use a slightly damp towel to clean device and a dry with a soft cloth.
2. For storage or travel, store the device in supplied portable bag.
3. Store in a dry, well-ventilated with no corrosive gas place, no less than 250mm from the ground, and no more than 5 stacked layers.
4. If not been used for a long time, the device should be cleaned then packaged in storage, and charged every one month.
5. This product is suitable for automobile, train, ship and airplane transportation.
6. This product should be fixed in transportation to prevent violent vibration, collision, tumbling and falling, and should be put upward, put down gently and avoid wet or damp areas.

Environmental Protection

At the end of the service life of this product, please do not throw it away with general household waste. Put this product in the designated recycling station of your local town or city.

The name and content of the harmful substance in the product

Component	Toxic and harmful substances or elements					
	(Pb)	(Hg)	(Cd)	(Cr(VI))	(PBB)	(PBDE)
Shell	0	0	0	0	0	0
Circuit Board Component	X	0	0	0	0	0
Metal Parts	0	0	0	0	0	0
Rubber Parts	0	0	0	0	0	0
Charging line	X	0	0	0	0	0
Handle Cover	0	0	0	0	0	0

This table is prepared in accordance with the provisions SJ/T 11364.

※: Circuit board component including components of printed circuit board machine, such as resistors, capacitors, integrated circuits, connectors, etc.

0: Indicate the hazardous substances in all homogeneous materials' for the part is below the limit of the GB/T 26572.

X: Indicate the hazardous substances in at least one homogeneous materials' of the part is exceeded the limit of the GB/T 26572.

Environmental Protection Period Description

This electronic and electrical appliance being used under the conditions of this manual, the harmful substances or elements contained therein are not leaked, and the period of time that does not cause pollution to the environment or cause serious damage to people and property is 10 years.



Usage



Fork
For lumbar vertebrae and large muscle groups



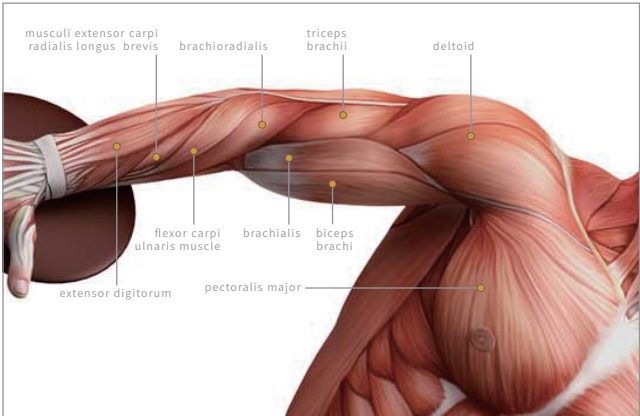
Round
For large muscles groups



Flat
For various parts of the body

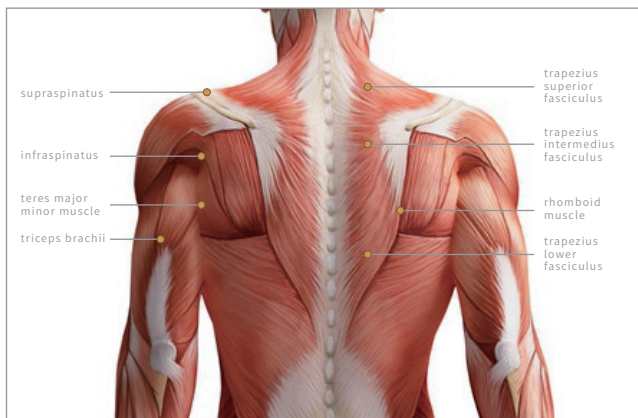


Cone
For large muscle groups, various parts of arm, back, waist, and leg



Arm

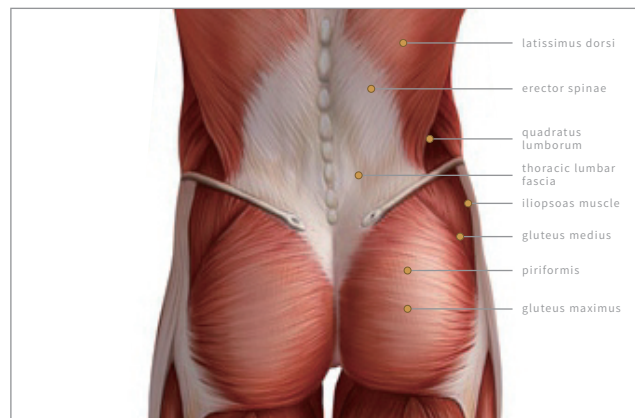
brachioradialis	10-15s x3 times
flexor carpi radialis	10-15s x3 times
palmaris longus muscle.....	12-15s x3 times
flexor carpi ulnaris muscle	10-15s x3 times
extensor digitorum	05-10s x2 times
musculus extensor carpi radialis longus.....	05-10s x2 times
musculus extensor carpi radialis brevis	05-10s x2 times
biceps brachii	12-20s x3 times
brachialis	12-20s x3 times
deltoid	12-20s x3 times
pectoralis major	12-20s x3 times



Shoulder

triceps brachii	15-20s	x3 times
rhomboid muscle.....	20-30s	x3 times
trapezius superior fasciculus	15-20s	x3 times
trapezius intermedius fasciculus.....	15-20s	x3 times
trapezius lower fasciculus	15-20s	x2 times
supraspinatus.....	10-15s	x2 times
levator scapulae muscle.....	10-12s	x2 times
teres major muscle	10-12s	x3 times
teres minor muscle	10-12s	x3 times
infraspinatus.....	10-12s	x3 times

Tips: Massage the muscles from middle to sides, from top to bottom.

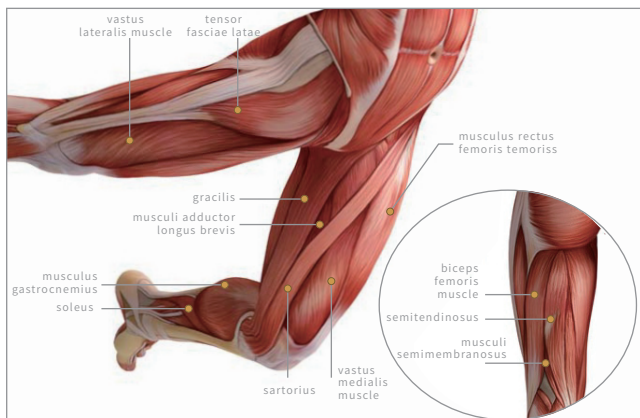


Waist

erector spinae (lumbar segments)	30-60s	x3 times
latissimus dorsi	30-60s	x3 times
thoracic lumbar fascia	40-60s	x3 times
psoas major	30-60s	x3 times
internal and external oblique muscle.....	10-15s	x2 times
erector spinae (thoracic segments)	15-20s	x2 times
quadratus lumborum.....	20-30s	x2 times
iliopsoas muscle.....	20-30s	x2 times
gluteus maximus.....	30-60s	x3 times
gluteus medius.....	30-60s	x3 times
piriformis.....	60-90s	x3 times

Tips: Massage the muscles from middle to sides, from top to bottom.

Can follow the muscle direction on large muscle groups.



Leg

biceps femoris muscle	20-30s	x3 times
semitendinosus	20-30s	x3 times
musculus semimembranosus	20-30s	x3 times
gracilis	10-15s	x3 times
musculus adductor brevis	10-15s	x2 times
musculus adductor longus	10-15s	x2 times
musculus rectus femoris femoris	30-45s	x2 times
vastus lateralis muscle	30-45s	x2 times
vastus medialis muscle	30-45s	x3 times
sartorius	30-45s	x3 times
sartorius	15-20s	x3 times

Tips: Massage the muscles from top to bottom.



Foot

musculus gastrocnemius	20-30s	x3 times
soleus	20-30s	x3 times
tibialis anterior muscle	15-20s	x3 times
peroneus longus	15-20s	x3 times
short peroneal	15-20s	x2 times
plantar fascia	20-30s	x2 times

Tips: Massage the muscles from top to bottom.

Certification

Thank you for purchasing
the Ekrin 365!

Product name: Ekrin 365 Percussive Massager

Model: 365

After our 107 point examination and quality
control inspection, this 365 is confirmed to
meet all QA standards and testing.

Inspector: 08 Inspection result:





Service guarantee card

Warranty

Dear user:

Thank you for purchasing the Ekrin 365. This product is manufactured with high quality components. Please use and maintain it correctly according to the instructions so that the product can work in the best condition. If there is any quality problem during the lifetime of your Ekrin 365, please contact us at info@ekrinathletics.com. In order to best serve you, please register your warranty at www.ekrinathletics.com/warranty.

The warranty period includes the lifetime of your Ekrin 365. During the warranty period, free replacement or repair will be provided for defects in materials or workmanship, or quality problems of the product.

The lifetime warranty does not cover any of the following:

- No registration of warranty or proof of purchase.
- Faults and defects not caused by materials or workmanship from Ekrin Athletics.
- All self-made damage (such as consumers disassembling, accidents, or damage caused by transportation, etc.)
- Damage caused by force (such as natural disaster and abnormal voltage)

User info

Name: _____ Purchasing date: _____

E-mail: _____ Contact number: _____

Address: _____

Product information

Product model: _____ Identification of product: _____

Fault cause: _____

Dealer information

Dealer name: _____ Contact number: _____

Invoice No: _____ Sales date: _____

Address: _____



Massage Gun Operational Troubleshooting

Fault Description	Fault Exclude
1. Massage head slides out and drops	Please check that the massage head is installed in place (See instruction for detailed operation in 5th page)
2. Device unable to start	Please check that if the battery is adequate or not(Please charge over 8 hours if the device is not been used for a long time)
3. Device unable to charge	1. Please check whether the charging port and power supply are plugged in 2. Check whether the voltage and current of the charging head are matched with the product requirements
4. Device suddenly stop after running for 10 minutes	This is a long time running protection function setting, from running to standby mode, short press the button to restart, it' s normal situation. (See instruction for detailed operation in 8th page)
5. The massage head stop running after external force	This is a abnormal operation protection function setting, from running to standby mode, short press the button to restart, it' s normal situation (See instruction for detailed operation in 8th page)
Reasonable use of the product can effectively extend the service life, Suggestion: 1. Do not throw or drop when using. 2. The maximum continuous using time is not more than 30 minutes, The maximum continuous use time should not exceed 30 minutes. Keep away from damp environment when using or storing. 3. If you don't use it for a long time, please charge the product once every 1 month to ensure that the product is always powered.	

