

Sleep Report

Patient Name:

Reporting Physician:

STOPBANG: 3

Epworth Sleepiness Score: 9

Results:

AHI	AVG SPO2
10.45	95

Recommendations:

Mild Obstructive Sleep Apnea

Patient can be prescribed a mandibular advancement device or CPAP therapy for Obstructive Sleep Apnea in line with recommendations in the AASM guidelines.

Also consider referral for patient to attend a consultation with a sleep physician or other physician specialising in the care of patients with obstructive sleep apnea.

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