



Do you want to help your patients with mild to moderate sleep apnoea or snoring sleep better?

Hushd Pro by the Good Sleep Co is a mandibular advancement splint that is designed to reduce snoring and improve sleep quality.



What is a mandibular advancement splint?

A mandibular advancement splint (MAS) is a prescription, custom-made device worn over the teeth to treat sleep-related breathing disorders such as obstructive sleep apnoea (OSA) and snoring. The splint treats snoring and sleep apnea by moving the lower jaw forward slightly, which tightens the soft tissue and muscles of the upper airway to prevent obstruction of the airway during sleep. The tightening created by the device also prevents the tissues of the upper airway from vibrating as air passes over them—the most common cause of snoring.

Mandibular Advancement Splints should be considered for patients with snoring or minor to moderate sleep apnoea, or as an alternative to CPAP in non-compliant patients with severe obstructive sleep apnoea.

Benefits of MAS



High Compliance
at 82% ¹



Average Use:
7.5 hours per Night ¹



Patients Prefer Oral
Appliances to CPAP ²



Similar Health
Outcomes to CPAP ²



Lightweight
and Portable



Discreet and
Simple to Use

¹ - Objective measurement of compliance during oral appliance therapy for sleep-disordered breathing
- PubMed (nih.gov) Vandervekan et al, 2013

² - Health Outcomes of Continuous Positive Airway Pressure versus Oral Appliance Treatment for Obstructive Sleep Apnea
(cpd-umanitoba.com) Phillips et al, 2013

About Hushd and Hushd Pro

The Good Sleep Co offers both Hushd and Hushd Pro. If patients wish, a trial with Hushd can be completed before transitioning to Hushd Pro. Many patients prefer to treat their OSA or snoring with Hushd Pro immediately.



hushd™

Hushd is a temporary, adjustable sleep device that will breathe new life into your resting moments. Unparalleled in quality and comfort, the hushd mouthpiece is the physician approved, anti-snore solution that you've been waiting for. This device is recommended for use for a maximum time of 2 months to minimise risk of side effects.



hushd^{PRO}

Hushd Pro has all the benefits of Hushd, in a smaller and easy to use design. Hushd Pro is custom made to your teeth and mouth to ensure a perfect fit and extreme comfort. Private health fund rebates may also be available on Hushd Pro purchases.

Patient Review



"It is truly amazing. I barely feel like I am wearing a device, my jaw does not feel overly pushed forward and yet it has completely cured my snoring! No teeth displacement or discomfort after wearing for hours at night. It is a godsend and worth every penny!"

