

## HOW TO PRINT & USE YOUR WRIST MEASURER

1. Ensure your printer settings are set to 100% scale (DO NOT 'fit to page').
2. Print page 2 of this document in landscape orientation.
3. After printing, verify accuracy by measuring the printed ruler against a real ruler.
4. Carefully cut out the dotted ruler strip.
5. Wrap the cut-out strip around your wrist with the number side facing out.
6. Note the number where the end overlaps to determine your wrist size in inches.
7. Use this measurement to select the correct bracelet size when ordering.

This wrist measurer is designed for general use and accurate wrist sizing.

Wrist Measurer - Cut Along the Dotted Line

