

A strong Crunchi business starts with connections. Use our Memory Jogger to start thinking about who you know and where you might find more prospective Clients in your life. Think big! Don't just limit yourself to your current network. Think about connections from all stages of your life. You might be surprised by just how many connections you have! Keep this sheet on hand and reference it as you start to build your Crunchi business.

Family

Father & Mother
 Father-in-Law & Mother-in-Law
 Grandparents
 Children
 Brothers & Sisters
 Aunts & Uncles
 Nieces & Nephews
 Cousins

Your Lists

Current address book
 Email address list
 Cell phone contacts
 Holiday cards list
 Wedding invite list
 Child's birthday invite list
 Business cards list
 Facebook
 LinkedIn
 Twitter
 Skype
 Instagram

Business Associates

Accountant
 Banker
 Beautician
 Car Dealer
 Dentist (your kids too)
 Doctor (your kids too)
 Dry Cleaner
 Esthetician
 Grocer/Gas Station Attendant
 Hair Stylist/Barber
 Housekeeper
 Insurance Agent
 Lawyer
 Merchants
 Pharmacist
 Real Estate Agent
 Travel Agent

Friends, Etc.

Friends & Neighbors
 People you work with
 Church members

Art Classmates

Camping friends
 Dance classmates
 Singing classmates
 Workout friends

Who is my...?

Architect
 Association member
 Bus driver
 Babysitter/Nanny
 Children's friend's parents
 Chiropractor
 Club members
 Delivery person
 Florist
 Jeweler
 Mailman
 Minister/Pastor & their wife/husband
 Pet groomer
 Photographer
 Tailor
 Veterinarian
 Waitress/Waiter
 Water Supplier
 Yoga Instructor

Those you have been associated with in the past:

Former co-workers
 Former roommates
 Former teachers
 People in your hometown
 Previous neighbors
 Military cohorts
 Retired co-workers

Schoolmates
 Former bosses

I know individuals who...

Are actively looking for a part-time job
 Are ambitious
 Are enthusiastic
 Are entrepreneurial
 Are caring people
 Are champions
 Are fun & friendly
 Are fund-raisers
 Are goal-oriented
 Are natural leaders
 Are organized
 Are positive-thinking
 Are self-motivated
 Are single moms/dads
 Are team players
 Bought new home/car
 Don't like their job
 Have character & integrity
 Have children in college
 Just got married
 Just graduated
 Just had a baby
 Just quit their job
 Love a challenge
 Love to learn new things
 Want to help their spouse retire early
 Want to make more money
 Want more time with their families
 Want to work for themselves

I know someone who is a(n)...

Accountant
 Actor
 Advertiser
 Airline Attendant
 Acupuncturist

Baker
 Banking Professional
 Beauty Salon Worker
 Broker
 Chef
 Chiropractor
 Coach
 Cook
 Dancer/Dance Teacher
 Dentist & Staff
 Dermatologist
 Designer
 DJ
 Doula
 Dry Cleaner
 Education Professional
 Engineer
 Entertainer
 Environmental Scientist
 Farmer
 Film Industry Professional
 Fitness Instructor/Classmate
 Florist
 Fundraiser
 Furniture Salesperson
 Gardener
 Government Worker
 Graphic Artist
 Gym Staff
 Hairdresser
 Handyman
 Health Practitioner
 Hospital Staff
 Human Resources Staff
 Insurance Agent
 Interior Decorator
 Investor
 Jeweler
 Karate Master/Classmate
 Kitchen Renovator
 Lawyer
 Leasing Manager
 Lab Technician
 Loan Officer
 Lifeguard
 Makeup Artist
 Manager
 Manicurist
 Massage Therapist
 Medical Professional
 Midwife
 Minister
 Mortgage Broker

Music Teacher
 Musician
 Naturopathic Doctor/Professional
 Nonprofit Organization Associate
 Nurse
 Nutritionist
 Office Manager
 Optometrist
 Orthodontist
 Painter
 Party Planner
 Pediatrician
 Personal Trainer
 Pet Care Professional
 Pharmacist
 Photographer
 Physical Therapist
 Piano Teacher
 Pilates Instructor/Classmate
 Publisher
 Postal Worker
 Promoter
 Property Manager
 Public Relations Professional
 Psychiatrist
 Psychologist
 Recreation Therapist
 Realtor
 Rental Office Agent
 Recruiter
 Rehabilitation Specialist
 Reporter
 Restaurant Owner/Manager
 Salesperson
 Scientist
 Skin Care Consultant
 Social Worker
 Student
 Tailor
 Tanning Salon Worker
 Teacher
 Therapist
 Trainer
 Travel Agent
 Tutor
 Uber/Lyft Driver
 Volunteer
 Waiter/Waitress
 Web Designer
 Writer
 Yoga Instructor/Classmate
 Zumba Instructor/Classmate

Who do you know from a different state?

Alabama
 Alaska
 Arizona
 Arkansas
 California
 Colorado
 Connecticut
 Delaware
 Florida
 Georgia
 Hawaii
 Idaho
 Illinois
 Indiana
 Iowa
 Kansas
 Kentucky
 Louisiana
 Maine
 Maryland
 Massachusetts
 Michigan
 Minnesota
 Mississippi
 Missouri
 Montana
 Nebraska
 Nevada
 New Hampshire
 New Jersey
 New Mexico
 New York
 North Carolina
 North Dakota
 Ohio
 Oklahoma
 Oregon
 Pennsylvania
 Rhode Island
 South Carolina
 South Dakota
 Tennessee
 Texas
 Utah
 Vermont
 Virginia
 Washington
 West Virginia
 Wisconsin
 Wyoming
 Washington, D.C.