#### **JOYSPRING PRODUCTS:**

# What Can & Can NOT Be Combined?

Choosing the right supplements for your kiddo can often feel like a pop quiz. That's why, **MOST** of our formulas are designed to work together safely & effectively to support areas like focus, mood, immunity & gut health.

**BUT** there are a few products that don't play well together. Here's your simple cheat sheet for JoySpring products that can & can NOT be used together.

Use this simple chart to mix and match with confidence:

CATEGORY	PRODUCT	CAN/CANNOT BE COMBINED WITH
Detox	DetoxZee OG & DetoxZee Cilantro	■ Do NOT use with other Zeolite- based products (LingoLeapZeolite) ■ All other products
	DetoxZee	All other products
	ParaPatrol	All other products (consider timing for best results)
	GlutaGuard	All other products
	BrainyBrocc	✓ All other products
Mood & Focus	Calmify	✓ All other products
	Mood Magic	■ Do NOT use with Mood Munchies ■ All other products
	SleepBerry (3mg or 1mg)	✓ All other products
Immune & Vitamins	Burst B12	<ul><li>☑ Do NOT use with Genius</li><li>☑ Drops Vitamins</li><li>☑ All other products</li></ul>
	ZincBerry	<ul><li>■ Do NOT use with other Zinc- containing products</li><li>■ All other products</li></ul>
	Vitamin C	All other products
Brain Support	Mood Magic	☑ Do NOT use with Genius Gummy ☑ All other products
	Genius Gummy	■ Do NOT use with Genius Drops ■ All other products

CATEGORY	PRODUCT	CAN/CANNOT BE COMBINED WITH
Brain Support	LingoLeap	■ Do NOT use with other Zeolite- based products (DetoxZee OG & DetoxZee Cilantro) ■ All other products
	LingoLeap Herbal	✓ All other products

## Why Certain Products Should NOT Be Combined...

While most of our supplements can be used together, a few combinations may be redundant or too strong when taken at the same time. Here's what you should avoid & why:

#### LINGOLEAP & DETOXZEE

Both contain **Zeolite**, a powerful detoxifier. Taking them together could supercharge detox effects, which might be too much for sensitive tummies. We recommend choosing one based on your child's detox needs.

#### MOOD MAGIC & MOOD MUNCHIES

Both include **Saffron** to support emotional balance. Doubling up won't double the benefits, so pick your fave or alternate between the two!

#### **GENIUS DROPS & GENIUS GUMMY**

Both are brain-boosting powerhouses with Genius Drops featuring Bacopa Monnieri & Genius Gummies featuring Gotu Kola. These ingredients provide the same benefits, so taking both at once is not necessary & may exceed the ideal dosage.

### **Everything Else? Good to Go!**

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#### Pro Tips for the Best Results

## TIMING MATTERS!

Some products work best in the morning, while others (like SleepBerry) shine at bedtime.

## 2. LISTEN TO YOUR CHILD'S BODY.

Every kiddo is unique! If you notice any sensitivity, you can adjust dosages or swap products as needed.

## **3** HAVE QUESTIONS?

We're always here to help! Reach out anytime, and we'll help you build the right supplement plan.

