

PERFECT IODINE

OWNER'S HANDBOOK

How to use — **and benefit from** —
your Perfect Iodine.

ACTIVATION



INTRODUCTION

First things first, let's start with a thank you for purchasing your own bottle of Perfect Iodine and for joining us on our journey toward helping millions heal.

With this one simple purchase, you will unlock an ancient secret that will take you down the path to better health and an improved quality of life.

By adding Perfect Iodine to your daily routine, you'll soon start to notice **healthier thyroid, protected skin and even reinforced metabolism**.

In this handbook, you'll discover...

- **general use instructions**
- **for a better, healthier body**
- **5 benefits of Perfect Iodine**
- **answers to frequently asked questions**
- **success stories, shared by customers like you, excited about leading healthier lives with Perfect Iodine**





GENERAL USE

Perfect Iodine contains what may be the most important element for your thyroid and delivers it in a safe, liquid solution that your body can easily digest. It can be taken internally or used topically as a skin cleanser. Many people also keep iodine in their emergency kit for its various uses in home remedies and survival situations.

The National Institute of Health recommends that adults intake 150 mcg of iodine/day. This natural element plays a key role in hormone production and is necessary for the maintenance of a healthy thyroid.

We recommend: Fill sprayer (no need for dilution) and apply 5 sprays to the back of the mouth, or add 1 ml to 4 oz of water.

During hormone production, your thyroid uses up the iodine in your body. It is important to replace the iodine that gets used to avoid thyroid issues. Thyroid issues can impact everything from your metabolism to your immune system to your heart health. Iodine deficiency impacts many people worldwide and can provoke a wide range of health problems if not dealt with.

It's important to remember that in order to get the full range of benefits, you should use this product daily.

Over the next few pages, you'll not only discover the best ways to use Perfect Iodine, but you'll also learn about all the unique and incredible things Perfect Iodine can do for your body.

FOR A BETTER, HEALTHIER BODY

Iodine Is A Powerful Way To Protect Your Skin

Iodine is also a well known and widely used skin cleanser. People apply it to minor cuts and scrapes and they use it on their hands when away from soap and water. You'll find it used in home remedies, medical environments and survival applications. It protects your skin and helps skin cells thrive.

Use Perfect Iodine on your skin for extra support.

Iodine Fuels Your Body's Thyroid

Your thyroid is your most important hormone gland. It produces key hormones in your body that influence your metabolism, brain development and several key immune system functions. Perfect Iodine is an easy way to give your thyroid the micronutrient that it needs to function properly. Take Perfect Iodine orally to deliver pharmaceutical grade iodine to your thyroid gland on a daily basis. With continued use, you'll support a wide range of systems within your body.



5 BENEFITS OF PERFECT IODINE

Perfect Iodine is packed with a variety of benefits that can come from taking and using Perfect Iodine in your daily routine. **Here are our top five to get you started:**

- **promote thyroid health**
- **reinforce the metabolism**
- **maintain hormone balance**
- **cleanse & protect the skin**
- **help the brain**

When you take Perfect Iodine daily, you'll discover even more benefits and improvements over time, both inside and out.

FREQUENTLY ASKED QUESTIONS

How do I use Perfect Iodine?

Iodine can be used topically as a way to clean and nourish your skin.

It can also be taken internally. Take Perfect Iodine orally to enjoy a wide range of internal health benefits.

Directions for use:

Spray in the back of the throat and swallow.

Each spray contains 30mcg of Iodine.

Adults (5 sprays)

Children 1-8 years (3 sprays)

Teens 10-14 years (4 sprays)

Pregnant Women (7 sprays)

Lactating (10 sprays)

How much iodine is in each serving?

Each serving delivers 150 mcg of bioavailable iodine to your body. The national institute of health recommends adults get 150 mcg of iodine from their diet to remain within healthy levels.

Where does the iodine in this product come from?

It is mined in the deserts of southern Chile where there are large deposits of a mineral called Caliche Ore. This mineral contains large amounts of the materials necessary to make our iodine solution. After it is mined, the Caliche Ore is refined using a 3 step proprietary process which results in a stable iodine solution that your body can easily absorb.

Is iodine safe for skin?

While iodine is an incredibly important micronutrient to ingest on a daily basis, it is also a well known and widely used skin cleanser. It has been used to clean and protect people's skin in a variety of situations including home remedies, medical environments and survival applications.

As with anything, spot test it on your skin to see how your body reacts first before applying it liberally. That being said, the majority of people experience extremely positive results from applying iodine tinctures to their skin.

Perfect Iodine can be used on minor cuts and scrapes or used as a hand cleanser depending on the desired effect.

What makes this iodine solution different from others?

This is one of the only iodine solutions like this in the world. Some other factors that make this one of the only iodine solutions you should trust include that it is...

- * Mined from Caliche Ore
- * Refined in North America
- * Produced in a GMP facility
- * Made using natural ingredients
- * And suspended in distilled water

PERFECT IODINE SUCCESS STORIES

Mark A. said his life changed after taking Perfect Iodine...

"My wife and I have tried nascent iodine and powdered kelp hoping they'd make a difference. They did not. Perfect Iodine did. A minute after my first dose, I held back my enthusiasm. I've been fooled before. Placebo effect. Two weeks of daily use later, it's legit. Instead of trying to conserve energy, we have the energy to get more done. At higher doses we experience detoxing effects similar to other detoxes we've done in the past."

Faye M. clears up her sinuses almost immediately with Perfect Iodine...

"I have been taking Activation products for a little over six months now and I'm blown away by how much my health has improved! I spray Perfect Iodine in my eyes, nose and mouth every morning along with the other Activation products I use for my morning routine and also use it whenever and wherever I need it—the result is fast! I especially love the way Perfect Iodine clears up my sinuses almost immediately! Thank God! and thank you Ian for superior Activation products!"

Jan L. has improved her health after using Perfect Iodine almost 3 months...

"I really enjoy taking Perfect Iodine, it is so easy to take in the spray bottle and has a pleasant taste. And has great health benefits and I wouldn't want to be without it. In the short time of almost 3 months I have noticed a big difference in my health. Thank you Ian for great healthy products. And thank your staff for great customer service, they are AWESOME PEOPLE and the SHIPPING Dept, do a feminal job of packing all our orders, I greatly appreciate all of you at Activation Products."

Dawn R. agreed that her 13 year old granddaughter had her skin cleaner after using Perfect Iodine...

"I take this for my hypothyroidism symptoms and it's been helping a lot. I also share it with my 13 year old granddaughter who is using it for her acne and it's really helped clear her skin up."

THANK YOU!

We would like to thank you, once again, not only for investing in your own bottle of Perfect Iodine, but for starting your journey towards better health with us.

We are excited for you to add Perfect Iodine to your daily routine and to experience the benefits that it has to offer, like so many of our loyal customers before you.

You'll notice **healthier thyroid, protected skin and reinforced metabolism soon**, among many other potential advantages.

If you have any further questions about Perfect Iodine, **please don't hesitate to reach out to our customer loyalty team.**

Questions? Call Us.
1-866-271-7595



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