



# VITALITY

These are oils Vitality Extracts recommends for this list of benefits. If you have an illness or a severe condition, please consult a doctor as this guide is meant to educate and not intended for use as a treatment, cure or diagnosis. If you have reviewed this guide and did not find the answer you are looking for we recommend broadening your search.






<b>Stress &amp; Anxiety</b>	<b>Skin Complexion/Acne</b>	<b>Knee/Joint Pain</b>	<b>Circulation/Blood Flow</b>	<b>Inflammation</b>
Breath Easy	Abundance	Aches & Pain	Align	Black Pepper
Calm	Angel Rose	Deep Muscle	Black Pepper	Breath Easy
Clary Sage	Avocado	Frankincense	Breath Easy	Clary Sage
Copaiba	Bergamot	Frank+ Helichrysum	Cinnamon Leaf	Copaiba
Energy	Cacay Nut	Helichrysum	Citrus Kiss	Deep Muscle
Geranium	Carrot Seed	Hemp	Deep Muscle	Energy
Immunity Boost	Copaiba		Eucalyptus	Frankincense
Inner Peace	Frankincense		Geranium	Helichrysum
Jasmine	Geranium		Healthy Scalp	Juniper Berry
Lavender	Grapefruit		Migraine Care	Nature Walk
Lemon	Helichrysum		Nutmeg	Nutmeg
Nature Walk	Juniper Berry		Peppermint	Pain Away
Nutmeg	Lavender		Refresh	Sacred Scent
Sacred Scent	Lime		Sacred Scent	Sleep Envy
Sleep Envy	Morning Glory		Turmeric	Tea Tree
Spearmint	Myrrh		Wintergreen	Turmeric
Stress Away	Rosehip			
Sweet Dreams	Sacred Scent			
Wintergreen	Skin Envy			
Ylang Ylang	Tea Tree			
<b>Immune System</b>	<b>Beauty</b>	<b>Headaches</b>	<b>Antibacterial/Antifungal</b>	<b>Sleep/Relaxation</b>
Cinnamon Leaf	Castor	Calm	Bergamot	Align
Clove Bud	Coconut	Clove Bud	Carrot Seed	Calm
Frankincense	Hair Envy	Copaiba	Cinnamon Leaf	Clary Sage
Grapefruit	Healthy Scalp	Deep Muscle	Clove Bud	Inner Peace
Immunity	Lash Envy	Eucalyptus	Geranium	Lavender
Inner Peace	Morning Glory	Immunity Boost	Immunity	Lemon
Juniper Berry	Nail Envy	Lavender	Lemon	Migraine Care
Lemon	Rosehip	Migraine Care	Lemongrass	Sleep Envy
Lemongrass	Skin Envy	Nature Walk	Lime	Spearmint
Nature Walk		Pain Away	Oregano	Stress Away
Orange		Peppermint	Peppermint	Sweet Dreams
Sacred Scent		Refresh	Ravintsara	Wintergreen
Sweet Marjoram		Sacred Scent	Scotch Pine	Vetiver
		Spearmint	Tea Tree	Ylang Ylang
		Turmeric		
<b>Mood Uplifting</b>	<b>Memory/Focus</b>	<b>Hormone Balance</b>	<b>Energy</b>	
Amyris	Align	Body Balance	Align	
Angel Rose	Grapefruit	Cool Comfort	Citrus Kiss	
Bergamot	Immunity		Energy	
Calm	Lemon		Eucalyptus	
Geranium	Nature Walk		Grapefruit	
Lavender	Peppermint		Lemon	
Nature Walk	Refresh		Peppermint	
Nutmeg	Sacred Scent		Refresh	
Peppermint	Vetiver			
Sweet Dreams	Ylang Ylang			

Essential Oil Blends		Benefits	
<a href="#">Aches &amp; Pain</a>		<ul style="list-style-type: none"> <li>- Improve pain</li> <li>- Decrease inflammation</li> <li>- Soothe muscle spasms</li> <li>- Reduce menstrual pain</li> <li>- Ease headaches</li> </ul>	
<a href="#">Align</a>		<ul style="list-style-type: none"> <li>- Mental and physical rejuvenation</li> <li>- Improve circulation</li> <li>- Calm the nerves</li> <li>- Soothe muscle aches</li> <li>- Balance chakras</li> </ul>	
<a href="#">Balance</a>		<ul style="list-style-type: none"> <li>- Reduce stress</li> <li>- Improve congestion</li> <li>- Increase circulation</li> <li>- Combat infection</li> <li>- Promote healthy skin</li> </ul>	
<a href="#">Body Balance</a>		<ul style="list-style-type: none"> <li>- Supports hormonal harmony</li> <li>- Relieves emotional swings</li> <li>- Encourages relaxation in body</li> <li>- Promotes cognitive function</li> <li>- Uplifts mood</li> </ul>	
<a href="#">Breathe Easy</a>		<ul style="list-style-type: none"> <li>- Improve congestion &amp; sinus pressure</li> <li>- Assist with cold, flu, fever</li> <li>- Purify the air</li> <li>- Reduce inflammation</li> <li>- Promote healthy immune &amp; circulatory systems</li> </ul>	
<a href="#">Breathe Easy Kids</a>		<ul style="list-style-type: none"> <li>- Open airways &amp; Improves congestion</li> <li>- Reduces inflammation</li> <li>- Assist cold, flu and fever</li> <li>- Boosts Immunity &amp; Calms anxieties</li> <li>- Promotes healthy circulation</li> </ul>	
<a href="#">Bug Away Kids</a>		<ul style="list-style-type: none"> <li>- Pleasant smelling</li> <li>- Safe, effective, and DEET free!</li> <li>- Repels insects including ticks, mosquitoes and flies</li> </ul>	
<a href="#">Calm</a>		<ul style="list-style-type: none"> <li>- Reduce anxiety &amp; stress</li> <li>- Improve sleep</li> <li>- Calm the nerves</li> <li>- Boost immune system</li> </ul>	

Essential Oil Blends		Benefits	
<a href="#">Calm Kids</a>		<ul style="list-style-type: none"> <li>- Calm potential benefits:</li> <li>- Calms Nerves</li> <li>- Reduce Anxiety &amp; Stress</li> <li>- Enhances Mood</li> <li>- Boosts Immunity</li> </ul>	
<a href="#">Citrus Kiss</a>		<ul style="list-style-type: none"> <li>- Disinfect</li> <li>- Promote circulation</li> <li>- Relax, calm, regenerate</li> <li>- Mental agility</li> <li>- Reduce oily skin and impurities</li> </ul>	
<a href="#">Cool Comfort</a>		<ul style="list-style-type: none"> <li>-Cooling relief for hot flash</li> <li>-Relieves emotional swings</li> <li>-Encourages relaxation in body</li> <li>-Promotes cognitive function</li> <li>-Uplifts mood</li> </ul>	
<a href="#">Deep Muscle</a>		<ul style="list-style-type: none"> <li>- Mitigate pain &amp; discomfort</li> <li>- Improve circulation</li> <li>- Relieve headaches &amp; migraines</li> <li>- Reduce inflammation</li> <li>- Improve sinuses</li> </ul>	
<a href="#">Doggy Digest Blend</a>		<ul style="list-style-type: none"> <li>- Reduce bloating</li> <li>- Reduce excess gas</li> <li>- Gas relief Increase appetite</li> </ul>	
<a href="#">Energy</a>		<ul style="list-style-type: none"> <li>- Reduce inflammation</li> <li>- Increase blood flow</li> <li>- Clear the mind</li> <li>- Rejuvenate mind &amp; body</li> <li>- Balance stress &amp; anxiety</li> </ul>	
<a href="#">Focus Kids</a>		<ul style="list-style-type: none"> <li>- Focus potential benefits:</li> <li>- Sharpen focus</li> <li>- Increase alertness</li> <li>- Promote positive mood</li> <li>- Boost Immunity</li> </ul>	
<a href="#">Frank + Helichrysum</a>		<ul style="list-style-type: none"> <li>- Helps heal &amp; support through boosting immunity</li> <li>- Assists in repairing &amp; enhancing skin</li> <li>-Relieves pain &amp; inflammation</li> </ul>	
<a href="#">Hair Envy</a>		<ul style="list-style-type: none"> <li>- Helps thicken hair &amp; stimulate follicles</li> <li>- Smoothes &amp; moisturizes hair</li> <li>- Improves shine &amp; color</li> <li>- Natural conditioner</li> </ul>	






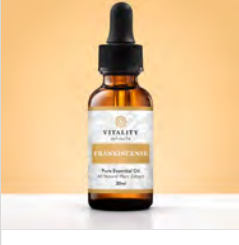

Essential Oil Blends		Benefits	
<a href="#">Happy Kids</a>		<ul style="list-style-type: none"> <li>- Promotes positive mood</li> <li>- Energizes and uplifts</li> <li>- Boosts immunity</li> <li>- Relieves aches and pains from play</li> <li>- Helps manage stress &amp; worries</li> </ul>	
<a href="#">Healthy Scalp</a>		<ul style="list-style-type: none"> <li>- Increase blood flow to the scalp</li> <li>- Cleanse scalp</li> <li>- Promote hair growth</li> <li>- Improve appearance of hair</li> </ul>	
<a href="#">Immunity</a>		<ul style="list-style-type: none"> <li>- Strengthen immune system</li> <li>- Ease headaches</li> <li>- Reduce anxiety &amp; uplift mood</li> <li>- Memory retention &amp; focus</li> </ul>	
<a href="#">Immunity Kids</a>		<ul style="list-style-type: none"> <li>- Immunity potential benefits:</li> <li>- Strengthen Immune System</li> <li>- Relieve Aches &amp; Pains</li> <li>- Calms Anxieties &amp; Nerves</li> <li>- Promotes Cognitive Function</li> </ul>	
<a href="#">Lash Envy</a>		<ul style="list-style-type: none"> <li>- Stronger &amp; thicker lashes</li> <li>- Reduce breakage</li> <li>- Increase growth of lashes</li> </ul>	
<a href="#">Mahalo</a>		<ul style="list-style-type: none"> <li>- Release Anxiety &amp; Stress</li> <li>- Uplifts Mood &amp; Boost Immunity</li> <li>- Promotes Cognitive Function</li> <li>- Soothes Aches &amp; Pains</li> <li>- Enhances Skin Complexion</li> </ul>	
<a href="#">Migraine Care</a>		<ul style="list-style-type: none"> <li>- Nausea</li> <li>- Relieves migraines &amp; tension headaches</li> <li>- Soothes aches &amp; pain</li> </ul>	
<a href="#">Morning Glow</a>		<ul style="list-style-type: none"> <li>- Replenishes &amp; hydrates</li> <li>- Promotes cell regeneration</li> <li>- Enhances natural glow</li> </ul>	

Essential Oil Blends		Benefits	
<a href="#">Nail Envy</a>		<ul style="list-style-type: none"> <li>- Promote healthy nails</li> <li>- Improve strength</li> <li>- Increase growth</li> <li>- Reduce ragged cuticles</li> </ul>	
<a href="#">Nature Walk</a>		<ul style="list-style-type: none"> <li>- Decrease stress and anxiety</li> <li>- Uplift mood &amp; Boost immunity</li> <li>- Find clarity and focus</li> <li>- Relieve headaches and tension</li> <li>- Reduce pain and inflammation</li> </ul>	
<a href="#">Ohment</a>		<ul style="list-style-type: none"> <li>- Release Anxiety &amp; Stress</li> <li>- Uplifts Mood &amp; Boost Immunity</li> <li>- Promotes Cognitive Function &amp; Memory</li> <li>- Reduce Pain &amp; Inflammation</li> <li>- Increase Circulation</li> </ul>	
<a href="#">Peaceful Pup</a>		<ul style="list-style-type: none"> <li>- Promote relaxation and calm</li> <li>- Reduce anxiety</li> <li>- Decrease separation anxiety</li> <li>- Promote calm</li> </ul>	
<a href="#">Refresh</a>		<ul style="list-style-type: none"> <li>- Surmount mental fatigue</li> <li>- Regenerate</li> <li>- Boost immune system</li> <li>- Soothe muscle aches</li> <li>- Improve anxiety and stress</li> </ul>	
<a href="#">Sacred Scent</a>		<ul style="list-style-type: none"> <li>- Release stress and anxiety</li> <li>- Boost immunity</li> <li>- Promotes cognition &amp; Encourages circulation</li> <li>- Relieve aches with anti-Inflammatory properties</li> <li>- Heals wounds and skin lesions</li> </ul>	
<a href="#">Skin Envy</a>		<ul style="list-style-type: none"> <li>- Reduce the appearance of scars</li> <li>- lighten dark spots</li> <li>- Skin firming</li> </ul>	
<a href="#">Skin Soothe Kids</a>		<ul style="list-style-type: none"> <li>- Repair dry and damaged skin</li> <li>- Hydrates skin and balances sebum for continuous smooth skin</li> <li>- Heals wounds and reduces scarring</li> </ul>	

Essential Oil Blends		Benefits	
<a href="#">Sleep Envy</a>		<ul style="list-style-type: none"><li>- Relieved stress and anxiety</li><li>- Promotes Relaxation</li><li>- Improve sleep onset (time to fall asleep)</li><li>- Encourages restful sleep</li><li>- Anti-inflammatory properties help relieve aches and pains</li></ul>	
<a href="#">Spirit</a>		<ul style="list-style-type: none"><li>- Improve pain from joints &amp; muscles</li><li>- Helps with menstrual pains</li><li>- Promote tranquility</li><li>- Increase blood flow</li><li>- Reduce effects of menopause</li></ul>	
<a href="#">Stress Ease</a>		<ul style="list-style-type: none"><li>- Promote relaxation</li><li>- Reduce nervous tension</li><li>- Uplift &amp; Soothe</li><li>- Increase calmness</li><li>- Reduce stress &amp; anxiety</li></ul>	
<a href="#">Sweet Dreams</a>		<ul style="list-style-type: none"><li>- Fall asleep faster</li><li>- Stay asleep longer</li><li>- Promotes calm relaxation</li><li>- Provides deep natural sleep</li></ul>	
<a href="#">Sweet Dreams Kids</a>		<ul style="list-style-type: none"><li>- Promotes relaxation</li><li>- Reduces stress and anxiety</li><li>- Induces restful sleep</li></ul>	










Pure Essential Oils		Benefits
<a href="#">Amyris</a>		<ul style="list-style-type: none"> <li>- Invites Relaxation</li> <li>- Repairs and Enhances Skin</li> <li>- Anti-Inflammatory &amp; Antibacterial</li> <li>- Respiratory Support</li> </ul>
<a href="#">Basil</a>		<ul style="list-style-type: none"> <li>- Relieves sinus congestion or infections</li> <li>- Promotes cognitive function</li> <li>- Digestive Properties</li> <li>- Insect repellent</li> <li>- Deodorize indoor environment</li> </ul>
<a href="#">Bergamot</a>		<ul style="list-style-type: none"> <li>- Boost Mood</li> <li>- Fade scars and acne</li> <li>- Reduce fever and infection</li> <li>- Improve hair health</li> <li>- Support respiratory system</li> </ul>
<a href="#">Black Pepper</a>		<ul style="list-style-type: none"> <li>- Boost blood flow and circulation</li> <li>- Reduce muscle soreness and stiff joints</li> <li>- Surmount mental and physical fatigue</li> </ul>
<a href="#">Carrot Seed</a>		<ul style="list-style-type: none"> <li>- Balance stress &amp; anxiety</li> <li>- Fight bacteria</li> <li>- Improve complexion/ skin</li> <li>- Promote healthy hair</li> </ul>
<a href="#">Cinnamon Leaf</a>		<ul style="list-style-type: none"> <li>- Boost brain functions</li> <li>- Increase circulation</li> <li>- Promote respiratory health</li> <li>- Insect repellent</li> <li>- Improve stiff muscles</li> </ul>
<a href="#">Citronella</a>		<ul style="list-style-type: none"> <li>- Insect repellent</li> <li>- Natural anti-inflammatory</li> <li>- Fights bacteria &amp; fungi</li> <li>- Pain relief</li> <li>- Helps alleviate stress</li> </ul>






Pure Essential Oils		Benefits
<a href="#">Clary Sage</a>		<ul style="list-style-type: none"> <li>- Reduce anxiety &amp; stress</li> <li>- Promote restful sleep</li> <li>- Improve symptoms from menstruation</li> <li>- Reduce inflammation</li> <li>- Support hormone balance</li> </ul>
<a href="#">Clove Bud</a>		<ul style="list-style-type: none"> <li>- Rich in antioxidants</li> <li>- Boosts immune system function</li> <li>- Excellent stress-reliever</li> </ul>
<a href="#">Copaiba</a>		<ul style="list-style-type: none"> <li>- Promote pain relief</li> <li>- Ease tension &amp; anxiety</li> <li>- Reduce inflammation</li> <li>- Improve skin</li> <li>- Ease headaches</li> </ul>
<a href="#">Eucalyptus</a>		<ul style="list-style-type: none"> <li>- Ward off insects</li> <li>- Fight infections</li> <li>- Reduce fever</li> <li>- Improve congestion</li> <li>- Promote mental clarity</li> </ul>
<a href="#">Eucalyptus Radiata</a>		<ul style="list-style-type: none"> <li>- Support Respiratory System</li> <li>- Boost Immunity</li> <li>- Promote Cognitive Function</li> <li>- Reduce Inflammation</li> <li>- Enhance Skin Complexion</li> </ul>
<a href="#">Frankincense</a>		<ul style="list-style-type: none"> <li>- Decrease visible signs of aging</li> <li>- Fight bacteria</li> <li>- Strengthen immune system</li> <li>- Reduce stress</li> <li>- Balance hormones &amp; improve fertility</li> </ul>
<a href="#">Geranium</a>		<ul style="list-style-type: none"> <li>- Improve anxiety</li> <li>- Boost mood &amp; Blood circulation</li> <li>- Ease menopause symptoms</li> <li>- Reduce acne and scars</li> <li>- Insect repellent/ improve bug bites</li> </ul>



















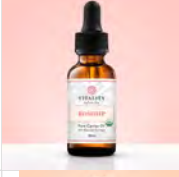

Pure Essential Oils		Benefits
<a href="#"><u>Ginger</u></a>		<ul style="list-style-type: none"> <li>- Boost Immune System</li> <li>- Stimulate Growth of Healthy Hair</li> <li>- Reduce Inflammation</li> <li>- Uplift Mood</li> <li>- Clean &amp; Disinfect</li> <li>- Improve Nausea</li> </ul>
<a href="#"><u>Grapefruit</u></a>		<ul style="list-style-type: none"> <li>- Improve immune system</li> <li>- Increase memory &amp; mental agility</li> <li>- Disinfect</li> <li>- Promote healthy complexion</li> </ul>
<a href="#"><u>Helichrysum</u></a>		<ul style="list-style-type: none"> <li>- Promote healthy skin</li> <li>- Improve healing in bruises and wounds</li> <li>- Reduce pain in joints</li> <li>- Promote respiratory health</li> </ul>
<a href="#"><u>Himalayan Cedarwood</u></a>		<ul style="list-style-type: none"> <li>- Reduce Inflammation</li> <li>- Relieve Joint &amp; Muscle Pain</li> <li>- Calm Stress &amp; Anxieties</li> <li>- Promote Healthy Skin</li> <li>- Strengthen Immune System</li> </ul>
<a href="#"><u>Juniper Berry</u></a>		<ul style="list-style-type: none"> <li>- Improve insomnia</li> <li>- Boost immunity</li> <li>- Reduce the appearance of cellulite and stretch marks</li> <li>- Insect repellent</li> <li>- Improve skin</li> </ul>
<a href="#"><u>Lavender</u></a>		<ul style="list-style-type: none"> <li>- Helps with anxiety and emotional stress</li> <li>- Aids in healing of burns and wounds</li> <li>- Induce sleep</li> <li>- Skin complexion and acne</li> <li>- Insect repellent</li> </ul>
<a href="#"><u>Lemon</u></a>		<ul style="list-style-type: none"> <li>- Boost immune system</li> <li>- Reduce anxiety &amp; uplift mood</li> <li>- Memory retention &amp; focus</li> <li>- Clean &amp; Disinfect</li> <li>- Improve nausea</li> </ul>

Pure Essential Oils		Benefits
<a href="#">Lemongrass</a>		<ul style="list-style-type: none"> <li>- Improve muscle pain &amp; spasms</li> <li>- Insect repellent</li> <li>- Elevate mind and body</li> <li>- Reduce menstrual cramps</li> </ul>
<a href="#">Lime</a>		<ul style="list-style-type: none"> <li>- Bacteria fighting</li> <li>- Ease muscle spasms</li> <li>- Cleansing minor wounds</li> <li>- Purifying the air</li> </ul>
<a href="#">Myrrh</a>		<ul style="list-style-type: none"> <li>- Reduce pain</li> <li>- Improve mood</li> <li>- Promote relaxation</li> <li>- Decrease hair loss</li> <li>- Promote and maintain healthy skin</li> </ul>
<a href="#">Nutmeg</a>		<ul style="list-style-type: none"> <li>- Improve concentration</li> <li>- Soothe muscles and joints</li> <li>- Reduce congestion and cough</li> <li>- Uplift mood</li> <li>- Reduce inflammation</li> </ul>
<a href="#">Orange</a>		<ul style="list-style-type: none"> <li>- Improve lymphatic system</li> <li>- Reduce acne and dry skin</li> <li>- Improve immune function</li> <li>- Rid termites</li> <li>- Invigorate body &amp; mind</li> </ul>
<a href="#">Oregano</a>		<ul style="list-style-type: none"> <li>- Ease headaches</li> <li>- Reduce anxiety</li> <li>- Promote healing of wounds and insect bites</li> <li>- Decrease inflammation</li> <li>- Insect repellent</li> </ul>
<a href="#">Palmarosa</a>		<ul style="list-style-type: none"> <li>- Nourish &amp; Hydrate Skin</li> <li>- Brighten &amp; Tone Complexion</li> <li>- Reduce Stress &amp; Anxieties</li> <li>- Enhance Mood</li> <li>- Promote Relaxation in Body</li> </ul>

Pure Essential Oils		Benefits
<a href="#">Patchouli</a>		<ul style="list-style-type: none"> <li>- Ease headaches</li> <li>- Reduce anxiety</li> <li>- Promote healing of wounds and insect bites</li> <li>- Insect repellent</li> <li>- Reduce menstrual pain</li> </ul>
<a href="#">Peppermint</a>		<ul style="list-style-type: none"> <li>- Increase blood flow</li> <li>- Fight bacteria and improve inflammation</li> <li>- Natural substitute for bleach</li> <li>- Cleanse air from bacteria &amp; viruses</li> <li>- Insect Repellent</li> </ul>
<a href="#">Ravintsara</a>		<ul style="list-style-type: none"> <li>- Uplifts Mood</li> <li>- Anti-Inflammatory, Antiviral &amp; Antibacterial</li> <li>- Immune &amp; Respiratory Support</li> </ul>
<a href="#">Rosemary</a>		<ul style="list-style-type: none"> <li>- Benefit hair growth</li> <li>- Reduce inflammation</li> <li>- Improve circulation</li> <li>- Retain memory &amp; focus</li> <li>- Reduce headaches</li> </ul>
<a href="#">Sandalwood</a>		<ul style="list-style-type: none"> <li>- Enhances Skin Complexion</li> <li>- Assists in Healing Wounds</li> <li>- Promote Mental Agility &amp; Wellness</li> <li>- Reduces Inflammation</li> <li>- Aphrodisiac</li> </ul>
<a href="#">Scotch Pine</a>		<ul style="list-style-type: none"> <li>- Alleviates Stress</li> <li>- Enhances Mental Clarity</li> <li>- Anti-Inflammatory &amp; Antimicrobial</li> <li>- Respiratory Support</li> </ul>
<a href="#">Spanish Sage</a>		<ul style="list-style-type: none"> <li>- Suitable for sports massage</li> <li>- Can reduce hair loss</li> <li>- Good for dry skin</li> <li>- Reduces swelling</li> </ul>

Pure Essential Oils		Benefits
<a href="#">Spearmint</a>		<ul style="list-style-type: none"> <li>- Reduce nausea &amp; headaches</li> <li>- Decrease muscle pain</li> <li>- Promote wound healing</li> <li>- Uplift mood</li> <li>- Improve memory &amp; focus</li> </ul>
<a href="#">Sweet Marjoram</a>		<ul style="list-style-type: none"> <li>- Balances stress &amp; anxiety</li> <li>- Uplifts mood</li> <li>- Reduces inflammation</li> <li>- Relieves joint &amp; muscle pain</li> <li>- Boosts immunity</li> </ul>
<a href="#">Tea Tree</a>		<ul style="list-style-type: none"> <li>- Soothes itching &amp; healing of insect bites</li> <li>- Reduces dandruff applied to scalp</li> <li>- Natural insect repellent</li> </ul>
<a href="#">Turmeric</a>		<ul style="list-style-type: none"> <li>- Improve allergy symptoms</li> <li>- Fight germs</li> <li>- Soothe arthritis pain</li> <li>- Immunity booster</li> </ul>
<a href="#">Vetiver</a>		<ul style="list-style-type: none"> <li>- Balances stress &amp; anxiety</li> <li>- Improves sleep quality</li> <li>- Encourages cognitive function</li> <li>- Promotes healthy skin</li> </ul>

Carrier Oil		Benefits
<a href="#">Almond Oil Virgin</a>		<ul style="list-style-type: none"> <li>- Increase strength of nails</li> <li>- Improve appearance of skin</li> <li>- Reduces skin irritations</li> <li>- Loosen and warm stiff muscles</li> <li>- Promote healthy hair</li> </ul>
<a href="#">Apricot Kernel Oil</a>		<ul style="list-style-type: none"> <li>- Nourishes both skin and hair</li> <li>- Soothes aches and pains</li> <li>- Rich in fatty acids, antioxidants, and vitamins</li> <li>- Reduces fine lines and wrinkles</li> <li>- Relieves chapped or sore skin</li> </ul>
<a href="#">Argan Oil (4oz)</a>		<ul style="list-style-type: none"> <li>- Reduce visibility of stretch marks</li> <li>- Promote healthy hair</li> <li>- Reduce signs of aging</li> <li>- Improve brittle nails</li> <li>- Promote eyelash growth</li> </ul>
<a href="#">Avocado Oil</a>		<ul style="list-style-type: none"> <li>- Soothes skin and calms blemishes</li> <li>- Helps reduce fine lines and wrinkles</li> <li>- Encourages healthy skin cell regeneration</li> <li>- Protects hair follicles from harsh climates</li> <li>- Improves scalp health</li> </ul>
<a href="#">Cacay Nut 30ml</a>		<ul style="list-style-type: none"> <li>- Hydrates &amp; nourishes skin</li> <li>- Rich in antioxidants &amp; fatty acids</li> <li>- Rich in vitamin e</li> <li>- Works well with different skin types</li> </ul>
<a href="#">Castor Oil</a>		<ul style="list-style-type: none"> <li>- rich in fatty acids,</li> <li>- contains Ricinoleic acid which is known for its antimicrobial &amp; anti-inflammatory properties</li> <li>- relieve pain, fight acne, and treat skin conditions such as psoriasis.</li> <li>- contains triglycerides which help to remove dirt from skin, in addition to retaining moisture.</li> </ul>
<a href="#">Cherry Kernel Oil</a>		<ul style="list-style-type: none"> <li>- Natural moisturizer</li> <li>- Abundant source of antioxidants</li> <li>- Reduces inflammation</li> <li>- Stimulates collagen production</li> <li>- Encourages healthy skin cell regeneration</li> </ul>
<a href="#">Fractionated Coconut Oil</a>		<ul style="list-style-type: none"> <li>- Promote healthy skin</li> <li>- Improve dry, brittle hair</li> <li>- Detangle hair</li> <li>- Improve dry, cracked heels</li> </ul>
<a href="#">Grapeseed Oil</a>		<ul style="list-style-type: none"> <li>- Anti-inflammatory, antioxidant, antimicrobial</li> <li>- Helps fight acne</li> <li>- Evens skin tone</li> <li>- Rich in Vitamin E</li> <li>- Improves skin elasticity and softness</li> </ul>
<a href="#">Jojoba Oil</a>		<ul style="list-style-type: none"> <li>- Reduce dandruff</li> <li>- Soothe chapped lips</li> <li>- Help with red, itchy skin</li> <li>- Promote strong healthy hair</li> </ul>
<a href="#">Organic Baobab Oil</a>		<ul style="list-style-type: none"> <li>- healing and therapeutic benefits</li> <li>- healthy tissue regeneration, soft skin, healing imperfections.</li> <li>- Rich in omega 3, 6, and 9 fatty acids</li> <li>- brighten skin, retain moisture, maintain elasticity, reduce fine lines and wrinkles.</li> </ul>

Carrier Oil		Benefits
<a href="#">Organic Black Seed Oil</a>		<ul style="list-style-type: none"> <li>- Antimicrobial, antifungal, antibacterial</li> <li>- Fights acne</li> <li>- Soothes skin</li> <li>- Boosts immunity</li> <li>- Helps reduce fine lines</li> </ul>
<a href="#">Organic Camellia Seed Oil</a>		<ul style="list-style-type: none"> <li>- Rich in fatty acids, antioxidants, and vitamins C &amp; E</li> <li>- Soothing and restorative</li> <li>- Helps increase skin permeability</li> <li>- Absorbs into the skin quickly without residue</li> </ul>
<a href="#">Organic Hemp Oil</a>		<ul style="list-style-type: none"> <li>- Rich in fatty acids</li> <li>- Anti-inflammatory and tension releasing</li> <li>- Assists in balancing oil production in skin</li> <li>- Works well with different skin types</li> </ul>
<a href="#">Organic Marula Oil</a>		<ul style="list-style-type: none"> <li>- Works well with oily, acne-prone, dry and aging skin</li> <li>- Anti-aging properties</li> <li>- Brightens, hydrates and softens skin</li> <li>- Promotes elastin and collagen production</li> </ul>
<a href="#">Organic Pumpkin Seed Oil</a>		<ul style="list-style-type: none"> <li>- Anti-inflammatory</li> <li>- Rich in antioxidants and fatty acids</li> <li>- Fights free radicals</li> <li>- Improves skin tone</li> <li>- Helps heal wounds faster</li> </ul>
<a href="#">Organic Rosehip Oil</a>		<ul style="list-style-type: none"> <li>- Stimulates collagen and elastin growth</li> <li>- Reduces hyperpigmentation and fine lines</li> <li>- Rich in Vitamin A, C, and E</li> <li>- Antioxidant and anti-inflammatory</li> <li>- Decreases visibility of scars and blemishes</li> </ul>
<a href="#">Raspberry Seed Oil</a>		<ul style="list-style-type: none"> <li>- Anti-aging properties</li> <li>- Natural moisturizer</li> <li>- Rich in antioxidants and fatty acids</li> <li>- Fights oxidative stress</li> <li>- Reduces inflammation</li> </ul>