



# Better Sleep for Better Health

Clinical Product Catalogue

MARCH 2024

The Good Sleep Co aims to add 1 million years\* to patients' lives over the next 5 years by providing the best in class treatment of patients with snoring and obstructive sleep apnea.

We're ambitious with product innovation because we care about improving patients' sleep health. We support practitioners and patients because their health is our business.

**GoodSleepco™**

If you would like more info, please  
contact us: [hello@goodsleepco.health](mailto:hello@goodsleepco.health)

\*Based on peer reviewed evidence, treating patients with obstructive sleep apnea on average increases their life expectancy by 10 years.



# Re-imagining solutions for the sleep-health category

In-home testing. Evaluation.  
Effective unobtrusive devices.

## Better sleep is easy

We are committed to providing the best experience possible for people who are treating their snoring or sleep apnea. Our SleepCare App not only couples with oral devices to enhance their use, it integrates with Sleep Test devices to provide Sleep Reports directly to patients. Customers and practitioners now have the benefit of real-time monitoring for maximum efficacy. Patients via the SleepCare App, and practitioners via ResDent.

Better sleep for  
better health

## Innovative products

We create innovative products that result in an overall increase in patients access to ongoing therapy in sleep medicine.

## User experience

We are changing the user experience of oral appliance patients in sleep medicine for the better.

## Tools for practitioners

We create best-in-class tools for practitioners that enable better outcomes for patients.

  
Resdent



Our Case Management Platform for health professionals (Sleep clinics, Dentists etc.)  
Create lab cases, refer patients, order products,  
review Sleep Tests, see titration data from the  
SleepCare App, submit Reports and more.  
Remotely manage and track patient sleep patients.

NO COST





TEST YOUR REST

# Simple Effective Monitoring

At-home sleep monitoring

**good**  
**sleep**<sup>TEST</sup>  
HOME SLEEP TEST



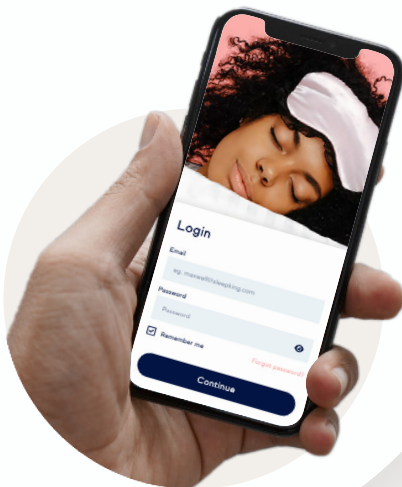
**\$119**

GST Exempt

Test your sleep quality in the convenience of your own bed! The Good Sleep Test is simple to use, providing the opportunity to test sleep quickly and easily, in comfort. In conjunction with the Good Sleep Test Specialist Report, a health practitioner can instantly review whether treatment is required.

SKU SLP-TST-GSC

**SleepCare**  
APP



Download the App

The comprehensive SleepCare App is like no other. It integrates with sleep test devices to remotely monitor your sleep, it provides step by step instructions for the entire range of Good Sleep Co devices and will send helpful reminders in real time.

NO COST

**good**  
**sleep**<sup>TEST</sup>  
SPECIALIST REPORT



**\$50**

GST Exempt

The Good Sleep Test Specialist Report is beneficial both to diagnose sleep quality, and monitor device titration. A health practitioner can instantly review whether treatment is required. To product the Specialist Report, a compatible device such as the Good Sleep Test must be used to monitor sleep.

SKU SLP-TST-SSR

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GRIND NO MORE

# Guard against the Daily Grind

Virtually unbreakable



Questions for patients  
who could benefit  
from an occlusal splint

## Do you have jaw pain?

Occlusal splints are beneficial for reducing tension, decreasing muscle activity, and preventing harmful effects caused by bruxism and temporomandibular disorders (TMDs).

## Are you snoring?

The splint slips over the upper teeth and keeps them from grinding the lower teeth. Wearing a night guard can also help improve breathing and reducing snoring.

**\$250**

*GST Exempt*

Prevent teeth clenching and grinding. Remove the noise of bruxism and snoring! The Hushd Pro Guard is our custom fitted Occlusal Splint Nightguard, made from Nylon Polyamide Type 12 provides effortless patient fitting. It is a high precision splint which requires no or minimal adjustments.

The Hushd Pro Guard has excellent control of position, surface and contact intensity. It is virtually unbreakable, even with a thickness of 0.5mm on side walls.

SKU HSD-PRO-GRD



CUSTOM FITTED M.A.D.

# Sleep like a Pro

Small, Strong & Reliable

## HUSHD PRO AVERA REVIEW

"It is truly amazing. I barely feel like I am wearing a device, my jaw does not feel overly pushed forward and yet it has completely cured my snoring! No teeth displacement or discomfort after wearing for hours at night. It is a godsend and worth every penny!"



## Morning Aligner



**\$649**

GST Exempt

The Hushd Pro Avera device is intended to reduce or alleviate snoring and mild to moderate obstructive sleep apnea (OSA) in adults.

Each Hushd Pro Avera Consists of 2 Upper and 3 Lower dental splints. The 2 Upper dental splints have two protrusive blocks, one on each side. The 3 Lower splints have dorsal fins that engage with the Upper splint blocks. The device is designed to advance the mandible forward to achieve airway opening during sleep. Incremental forward positioning of the jaw is achieved by combining the different Upper and Lower splints.

SKU HSD-PRO-AVE

### TITRATION COMBINATIONS



**\$59**

GST Exempt

To ensure patients have maximum oral comfort both day and night, the Morning Aligner can be ordered to compliment the Hushd Pro. It is put in the mouth the 'morning after' use of their oral device. The jaw is guided to relax to their natural bite position, which was supplied in their intra-oral scan.

SKU MAL-PRO-001

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CUSTOM FITTED M.A.D.

# Sleep easy

Auto Titration

The Auto offer a unique protrusion method, aiming to improve airway patency in deeper phases of sleep.



**\$549**

GST Exempt

The Hushd Pro Auto is an auto titrating mandibular advancement device which means it can titrate the mandible forward during sleep. It is intended to reduce or alleviate snoring and mild to moderate obstructive sleep apnea (OSA) in adults, by opening the airway.

This is particularly pronounced in REM sleep when OSA is commonly more severe. This is facilitated by the atonia experienced in REM sleep, allowing elastics to 'activate' and protrude the Mandible further as required.

Each Hushd Pro Auto consists of one Upper and one Lower arch, plus three different tensions of Elastic bands labeled Light, Medium, Strong.

SKU HSD-PRO-AUT

**"The design allows for minimal bulk which improves compliance. We have seen outstanding results in our clinic with this device and look forward to it helping patients more broadly across the globe"**

**Dr Christopher Pantin**  
- Product Designer



LESS IS MORE

# Better Sleep is Here

Tiny devices that make a huge difference

The Hushd Nasal used with  
any oral device will improve  
the efficacy of the oral device!

**hushd.**  
NASAL



2X DEVICES  
PER PACK

**\$15**

Incl. GST

Hushd Nasal is a Snore-relief Nosepiece. It works by physically opening the nasal passage while you sleep. It can improve sleep quality and reduce snoring.

SKU HSD-TMP-NAS

**cleaner**  
+ WHITENER



**\$14**

Incl. GST

Foaming solution that cleans instantly, removing 99.9% of bacteria. Neutralise stains and odours, for a spotless appliance that has a refreshing after-taste.

*Discounts available for bulk orders*

SKU CLN-GSC-001

## Good oral hygiene

The Good Sleep Co Cleaner + Whitener is designed to work in conjunction with all our devices. It not only cleans the device, but acts as a teeth whitener as desired by the patient.

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OUR JOURNEY TO BETTER SLEEP

# Patient Journey

(Jump to the pink section)

Snoring or mild to moderate sleep apnea



Test sleep quality with Good Sleep Test



hushd.

Start using Hushd to make sure it works



SleepCare App - Connect with a local sleep clinic or dentist to make the switch to a permanent device / solution

Sleep Clinic or Dentist

Intra-oral Scan & Bite registration with Dentist



Resdent

Fitting of Hushd Pro device



hushd<sup>PRO</sup>

Ongoing sleep monitoring with Good Sleep Test / ResDent



GoodSleep<sup>co</sup>

# We strive for your patients to have better sleep.

The Good Sleep Co was built to create great patient experiences on the journey to better sleep health. We believe almost everyone can benefit from sleeping better and we believe we will make a significant contribution to people achieving this around the world.

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BETTER SLEEP FOR BETTER HEALTH

# Ordering notes

Plan your order

## Clinical Product Snapshot

	Product	SKU	NOTES
	Good Sleep Test	SLP-TST-GSC	
	Specialist Report	SLP-TST-SSR	
	Hushd Pro Guard	HSD-PRO-GRD	
	Hushd Pro Avera	HSD-PRO-AVE	
	Hushd Pro Auto	HSD-PRO-AUT	
	Morning Aligner	MAL-PRO-001	
	Hushd Nasal	HSD-TMP-NAS	
	Cleaner	CLN-GSC-001	



[goodsleepco.health](https://goodsleepco.health)