

SK

Shirley Morgan

03/20/2000 (17 years old)

October 22, 2024 | Complexity

- 1 Severe
- 7 Moderate
- 7 Healthy
- 4 Not identifiable

OBSERVATIONS

Patient's answers

What is your primary goal for treatment?
MAS - OSA - Snore

Teeth alignment

Cuspid class	Not identifiable	Overbite	Normal
Posterior open bite	Not identifiable	Overjet	Normal
Crossbite	Not identifiable	Upper crowding	Slight
Lower crowding	Slight	Upper anterior spacing	None
Lower anterior spacing	None		

Gum health

Oral hygiene	Slightly insufficient	Inflammation	Yes
Recession	Slight		

Teeth health

Tooth decay	One tooth	Missing permanent teeth	Not identifiable
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Fractured	None
Peg shaped teeth	None
Whitening need	Slight

Retained baby teeth	None
Tooth wear	Slight

TREATMENT OPTIONS

Teeth alignment

Upper crowding

Slight

Lower crowding

Slight

Aligners



What is it?

Clear aligners are a series or sequence of clear, paper thin, removable mouth guards. They are an alternative to braces and function by moving teeth in small increments within each aligner. Aligners are changed regularly, from every 3-4 days up to every 2-3 weeks, depending upon the aligner system used. They are virtually invisible, comfortable, don't affect speech, and can be removed for eating, tooth cleaning and special occasions.

When to use it?

Clear aligners are a solution for patients seeking a discreet and comfortable orthodontic treatment.

Key information

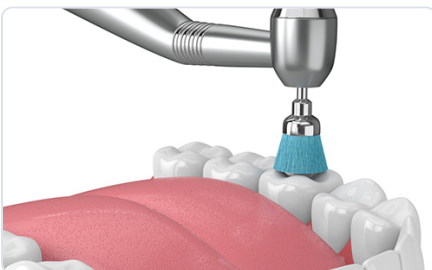
- Orthodontic treatment can be used to reopen the space for teeth replacement treatment
- These days many orthodontic problems can be corrected with clear aligners
- Aligners usually require fewer appointments and less treatment time than braces

Gum health

Oral hygiene

Slightly insufficient

Professional teeth cleaning



What is it?

Checkups almost always include a complete teeth cleaning. Using special instruments, the dentist or hygienist will scrape the teeth surface to remove built-up plaque and tartar that can cause gum disease, cavities, bad breath and other problems. The dentist or hygienist may also polish and floss your teeth.

When to use it?

Not all plaque and deposits are removed from the teeth surface during a regular teeth brushing, particularly if there are crowded or 'crooked' teeth. It is recommended to go for a routine dental check-up and cleaning every 6 months to prevent gum diseases and cavities.

Key information

- Gum infections resulting from poor home care or poor oral hygiene has been implicated in a number of systemic health problems, including increased risk of stroke, diabetes and heart disease. Gum disease has also been linked with problems in pregnancy and dementia

Inflammation

Yes

Home oral care



What is it?

Maintaining a good oral care routine involves removing dental plaque by brushing and flossing daily and making regular visits to the dentist.

When to use it?

Maintaining good oral hygiene is one of the most important things you can do for your teeth and gums. Daily preventive care, including proper brushing and flossing, will help stop problems before they develop and is much less painful, expensive, and worrisome than treating conditions that have been allowed to progress.

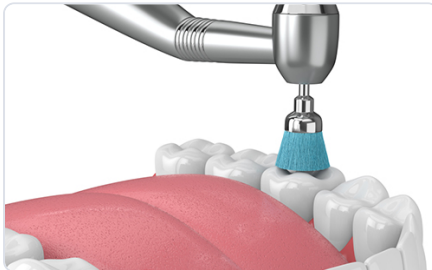
Key information

- Good oral hygiene includes brushing twice a day and flossing once a day.
- A non abrasive (to reduce enamel wear during brushing), fluoride (to protect the outer layer of enamel) tooth paste is recommended.
- Flossing removes the plaque between the teeth, in areas toothbrushing can't reach. These hard to reach areas between teeth are the most common sites of decay and gum infection.

Recession

Slight

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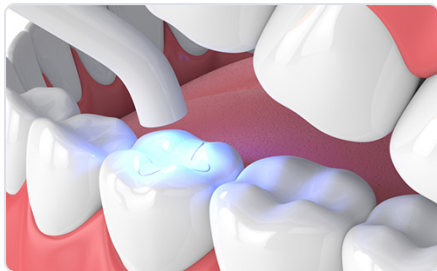
Teeth health



Tooth decay

One tooth

Bonding



What is it?

Bonding is the application of a tooth-colored composite resin (plastic) to repair tooth damage caused by decay or tooth wear. Unlike veneers or dental inlay/onlay, which are customised and manufactured in a laboratory, bonding can be done in a single visit. The procedure is called bonding because the material bonds to the tooth.

When to use it?

Most often, bonding is used for cosmetic purposes to improve the appearance of a discolored or chipped tooth or close spaces between teeth. It also can be used to fill cavities caused by tooth decay.

Key information

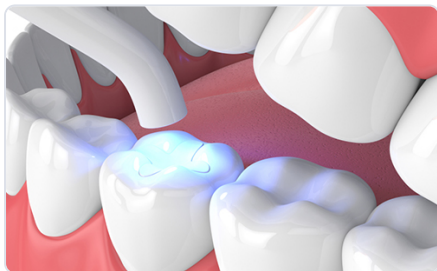
- Bonding is among the easiest and least expensive of cosmetic dental procedures.
- The composite resin can be shaped and polished to match the surrounding teeth.
- The composite resin isn't nearly as strong as a natural tooth and can chip and wear over time.
- The resin can stain easily and its shade will ultimately change with time.
- Bonding usually lasts several years before it needs to be repaired or replaced.



Tooth wear

Slight

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Whitening need

Slight

Bleaching



What is it?

Tooth whitening can be a very effective way of lightening the natural colour of your teeth without removing any of the tooth surface. It lightens the existing shade and helps to remove stains and discoloration. There are a variety of in-office treatments using a stronger whitening agent, and sometimes light activated technology, or at home by wearing a whitening tray with lower concentrations of whitener.

When to use it?

If your teeth are discolored or if you're not satisfied with your teeth shade and you want to brighten and enhance your smile, dental whitening may be a good solution for you.

Key information

- Teeth bleaching procedure is an effective, safe and economical solution to brighten your teeth.
- Tooth sensitivity can be experienced during the treatment and within the first few days after whitening.
- Whitening may not work depending on the type of discoloration.
- It doesn't last forever. After a few years, you may need to return to have the process repeated.

PHOTOS

Closed mouth



front



right



left

Opened mouth



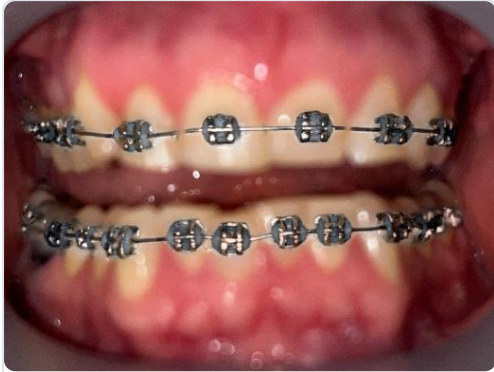
up



down

PHOTOS

Face



metallic braces



self ligating braces



ceramic braces



aligners



smiling



slightly opened